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A SOUND HEART

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A sound heart is the life of the flesh.—Prov. 14:30.

THE HEALING promises of the Bible are not only numerous and definite and strong with assurance, but they carry the conviction that to live in health is a duty and a mark of righteousness. So general has this knowledge become that people everywhere are searching for health as a fruit of right living. The relation of wholeness to an exact law of healing is set forth in the Bible as in no other book. From the revelation, "I am the Lord that healeth thee" (Exodus 15:26), and the promise, "I will take sickness away from the midst of thee" (Exodus 23:25), to the vision of the tree of life in the last chapter of the Apocalypse, the promises of health abound and with them is given an understanding of the law by which they are fulfilled. Moreover, there are many illustrations and demonstrations of healing, particularly in the life of Jesus whose ministry so wonderfully proved God's will and power to heal.

The book of Proverbs is especially rich in revelations of the healing law. In fact, almost every verse speaks the law of life and health, of peace and safety and of plenty. The words of the law are "life unto those that find them, and health to all their flesh" (Prov. 4:22). By them "thy days shall be multiplied, and the years of thy life shall be increased" (Prov. 9:11).

The secret of health is made known in the thirtieth verse of the fourteenth chapter: "A sound heart is the life of

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the flesh." It takes but very little study of the written Word to find that the heart is a marvellous spring and reservoir of soul forces and that out of it flow the issues of life. If the heart is sound, perfect, the vital forces flow from it pure and and rich with life-giving, health-bearing substance. If the heart is corrupt, the life-flow is polluted, vitiated and has no quickening power in the flesh through which it flows. Instead, it carries corruption, the results of which the world sees and studies as sickness and disease.

The whole question of health, therefore, centers in the simple matter of having a clean, sound heart. What is a sound heart? The Psalmist gives a hint of the answer in his prayer, "Let my heart be sound in thy statutes." The heart that is established in the eternal Law is sound and perfect. Sin in the heart makes it corrupt. And what is sin? Popularly, it is "missing the mark." But *why* do men miss the mark? Because they transgress the law. We find, then, that the Bible definition, "Sin is the transgression of the law," covers the whole ground and serves as a light by which the heart may be searched and cleansed.

This little lesson of the heart and its relation to health is closely associated with the study of the new covenant, for it is the Lord's revealed purpose to give to man, under the new covenant, a new heart, a purified, perfect heart fully established in the Law. "A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you a heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments and do them" (Ezekiel 36: 26, 27). "I will put my law in their inward parts, and write it in their hearts" (Jer. 31:33). So read the promises. With the Lord in this great work of purification and renewal, the individual must coöperate by yielding his heart willingly to the Spirit for cleansing, by studying diligently the law and by obedience.

Righteousness is both principle and substance. It is necessary to know this in order to understand what is meant by a heart *established* in the Law. First, we see the prin-

ciple and lay hold of it by faith. Then comes the work of building in the substance. This the Spirit accomplishes in us through much discipline and testing. These experiences are often a stumblingblock to one who thinks that desire for, and faith in, the principles is, or should be, the finished work. The faithfulness of the Spirit is with us in oft-repeated lessons until the heart is so fully established in the substance of the law that there is no longer any danger of breaking it. The period of growth between the discernment of the principle and the building in of substance is the time of temptation.

To illustrate, let us take that form of transgression called pride. Pride is sin. In its path stalk Humiliation and Destruction and they are certain to overtake all who persist in walking in pride of heart. But if this is understood and humility is known and loved as a working principle of righteousness, a renewing of the heart takes place. There may still be struggles with pride and there will be so long as pride has possession of the substance; but these will cease as the grace of humility grows. The greater one's love for humility and the greater one's faith in it, the sooner it will be established, for love and faith are both rich in substance.

Whatever the form of evil, in this way it is overcome. All the while we may have the joy of going on and the satisfaction of knowing that we are being built up within with substance and power to do what we know we ought to do.

The twenty-eighth chapter of Deuteronomy and the twenty-sixth of Leviticus are definite, strong, clear statements of the law and of the results of obedience and disobedience. With the results of broken law as enumerated in this chapter, the world is trying to deal every day in numberless institutions and with material means. It is too often declared that we are not under law, but that is a serious error. The law is not to be ignored, but fulfilled. We have only to look about us to see the working of the law. Nor do we have to look outside of ourselves to see it. Everyone whose heart is not yet perfectly cleansed and

established (and whose is?) must watch faithfully to keep abiding in the law of righteousness and life and health. This is not a trial but a joy to one "whose delight is in the law of the Lord." It is only the uncircumcised heart, still clinging to its self-sufficiency and rebellion that scorns the freeing law of God.

But if transgressions bear bitter fruit, sorrow, pain, sickness, failure and all the ills that burden minds and hearts and bodies, obedience bears every blessing that the heart craves—peace, health, abundance and the Lord's favor "in all that thou settest thine hand to." And will you notice the wonderful word "overtake" as it is used in this chapter? "If thou shalt hearken diligently unto the voice of the Lord thy God, to observe to do all his commandments . . . all these blessings shall come on thee and *overtake thee.*" We do not need to go out to hunt for them nor beg an unwilling God to give them. We cannot get them by much speaking of empty, vain words unsupported by faith and obedience. There is only one way and that is to walk in the law of the Lord. No promise is given that the blessings will overtake us in any other path. They do not walk in other paths and we must walk where they walk before they can "overtake" us.

It is also written in this chapter that the results of disobedience "overtake" those who walk contrary to the law. In this "overtaking" by blessing and cursing lies the whole secret of what is called "luck." Often one goes on for years trying with all the light he has to walk in the law and still does not gain some much desired blessing when suddenly it "overtakes" him. Then there are many who marvel at his "good luck," and some are envious. He has simply been faithful until the law has, in some phase, been fulfilled, and when that is done, nothing can keep the blessing back. He may not know exactly where he took the step that put him in line with the law, but all at once some tangle of life straightens out, some problem is solved, or some blessing comes so quietly, so naturally that he knows the law has done it.

Perhaps another is living in transgression with no sign of evil on his track when sudden, swift destruction or abasement comes, and there is a pitying cry of "bad luck." Not so. It is but the "overtaking" of the law.

Knowing these things makes living a much more real and earnest matter than many consider it. The worshiper of mammon, of pleasure, of self is in the way of the transgressor and "the way of trangressors is hard." But let us not think that the worldly alone are in transgression. We who are seeking "the Way" have much to learn about righteousness and have daily need of close walking with him and in him who is "the Way, the Truth and the Life."

The counsel of Wisdom is: "Keep thy heart with all diligence for out of it are the issues of life." How shall we keep it? "Not by might, nor by power but by my Spirit saith the Lord." In the name and by the power of the Lord of hosts, one by faith with that name and power, we are to put away all "strife and bitter envying," all antagonisms, all covetousness, and everything that defiles; and we are to receive into the heart by faith, the love and wisdom and humility of Jesus Christ. This is a real actual daily work and upon it depends life and the gifts of life. Who has not found, after patient, faithful endeavor to "forgive from the heart," that, close following the victory came some longed-for blessing, health perhaps? Or after an overcoming of covetousness or envy, an increase of supply?

All of this lesson about being overtaken with blessings is one with Jesus' saying: "Seek ye first the kingdom of God and *his righteousness* and all these things shall be added unto you." "Seek and ye shall find" has back of it the immutable Word of God. If the promise seems unfulfilled to anyone it is because he has not known what to seek, or how or where. Inspiration, revelation and experience all attest that seeking must be for God, his law, his righteousness. Blessing is for those who "hunger and thirst after righteousness."

The practice of seeking things by some mental trick

such as "visualizing" them is a sort of mental burglary. There is no reason why one, even though in need, should storm the house of a friend by physical force and take away his goods. Neither is there any reason why the people of God should try to take by mental force the gifts of God when he so willingly gives them if sought lawfully. "Visualizing" things to force them into manifestation is a counterfeit of that step in spiritual receiving in which we see by faith the fulfillment of desires that have first been turned toward God in a spirit of obedience to his will. There is a vast difference between the two methods. One is mental; the other spiritual. One is unlawful; the other lawful. The more fully we are established in the law, the more clearly we see the difference. There is no danger that one whose whole heart's desire is for God will fall into this error, especially if that one has the understanding that all things needed are added freely and gladly by the Lord when love and obedience to him have fulfilled their part in the seeking.

From the study of righteousness, we find that the way into the kingdom is through the heart, through the affections, and that a sound heart is not only the life of the flesh, but the foundation of every good that can be asked or thought. These two facts must be duly considered in all seeking. The place and importance of the heart in spiritual seeking and growth is powerfully impressed on one, who, as a sincere student follows the word "heart" through in a rather complete Bible concordance. I know of nothing more inspiring than a study of the law and the heart and the law *in* the heart. The one hundred and nineteenth Psalm touches these things with deep reverence. It is a prayer in which every quickened soul can surely join fervently.

It is not without reason that repentance and salvation call for a change of heart. No definition of repentance is complete that does not include a turning of the *heart* toward God. Sometimes the proverb, "As he thinketh in his heart, so is he" (Prov. 23:7), is misquoted, "As he thinketh, so is he," thus leaving out the essential point. A man is whatever he is in his heart and every change of character and

body as well as of environment must first touch the heart and there make the revolution. The one great change of heart required and the one that makes possible all other desirable changes is that of emptying from the heart the love of self and personal material things, and filling it with the love of God. A divided heart is not acceptable with God; and a divided heart is not a sound heart.

It may seem that this is a greater change than can take place all at once and in a way it is; but there is a sense in which it is possible to give the heart wholly to God in one act of faith, even though yielding it up may be a rather slow process. Two things he does require: one, that full, complete consecration in faith shall be made at once; the other, that we walk in the light we have and give to him his own as fast as we know his will.

Nearly all hard experience comes from not living up to one's light, not keeping the law already understood. Hindered and hampered by a man-fearing spirit, the light in the soul made darkness, the heart divided between two masters, one cannot go on in peace and confidence, but seems ever at a standstill or merely drifting. Just where one is failing to live up to light is a matter between that one and God. There are certain secrets between the overcoming soul and its Lord that cannot be, at least should not be, made known to anyone. Fellowship and counsel with spiritual-minded friends is often invaluable, but there are some things that one works through much better if they are kept before the Lord alone. If the way to communion with him has not been found it is one of the things to be sought. In this seeking, three things are indispensable: the spirit of consecration, the spirit of obedience, and the spirit of worship. Having these, the way is open. If you have tried by mechanical mental means to commune with God and are weary with the fruitless effort, come to him through your heart. Give that to him and he will meet you there, for that is the meeting-place.

After a lesson like this we read with new interest, "Love is the fulfilling of the law." In other words, the law

is fulfilled through the heart. Whatever is not done from the heart is, as Paul has said, nothing and it profits nothing.

Let "the people in whose heart is my law" (Isaiah 51:7) rejoice, for "eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God."

A PORTRAIT

Astræa Morgan

[Author's Note—We do need just what your monthy Unity Magazine gives—a vigorous and spiritual conception of the necessity of resurrecting the body. The New Thought and Christian Scientists seem engrossed in *health* only for the body. The great fact of the redemption of the world through love seems vague to them.

This "Portrait" came to me in a dream and has helped me eliminate the personal.]

Living Father, through whose love we have expressed our being, grant me thy purity of mind, so to fashion my body that it may be found worthy to share in the universal beauty.

As the sea, holding the breath of the clouds, moves over the sands, reflecting the tints of the opal and the pearl, so shall my form be!

May my eyes shine as the sapphire, so that those who look into their depths will see but the truth, and because they have seen, will search!

May all sunsets quiver in my hair, from the burnished copper to the golden topaz, so that where I am, there shall be no darkness, only light!

May my lips breathe the unuttered prayer, so that blessings only may follow my words.

In my innermost being, place the ruby, which glowing like a living flame, will radiate through all—the truth in my eyes, the light in my hair, the blessing on my lips—so shall I bear life, love and peace unto all I draw near.

WEIGHED IN THE BALANCE

IDA M. MINGLE

OME UP hither, and I will shew thee things which must be hereafter," spoke the Angel of Light, to Man, of the Earth.

But Man, of the Earth, dulled through ages of living in the pleasures of the senses, is at first loath to have even a glimpse of a loftier and higher world of thought, lest he become suddenly conscious of the imperfections of the world of his making, and see himself a failure in his own eyes.

But the Angel of Light, being wiser than the generations of earth thought, because of having evolved closer Godward, knows that only through Man seeing himself a failure in his own eyes, can he be lifted up to his rightful place in creation. All unmindful of the humiliation he must bring to Man, of the Earth, the Angel of Light lifts his heart Godward, seeking union with the wisdom, strength and love necessary to enable him to paint a picture on the canvas of mind, so vivid, so true to life, so exact in every detail of living, that Man, of the Earth, even though he may not at first consciously comprehend its meaning, may have it so stamped upon the inner strata of his soul that it will revolve under the force of its own weight, and eventually serve as a stepping-stone to his enlightenment.

For the Angel of Light knows that he too was once an inhabitant of the realm of earthly thought, partaker with man of his fluctuating joys and sorrows; and only through seeing his world as his sinful nature had made it, and a glimpse of a purer one, was he enabled to lift himself, and, sequently, countless others into a realm of freedom, peace and joy. He knows that the gifts of love and joy he brings to the erring world will more than compensate for the disturbance he may cause.

Because of the freedom he has attained, the Angel of Light seeks to lift humanity up and out of its self-made

misery. Love and compassion yearn in his heart for the poverty-stricken, sin-laden, self-seeking world of men. Men are full of canker sores, the result of their own ignorance. Yet there is a paradise of wealth, beauty, holiness and truth in even the vilest sinner.

How blind men are to their own interests! "Like a sheep without a shepherd!" How they cling to their opinions, customs, prejudices, superstitions, even their beastliness! Ah, at some moment of their lives they thought they caught a glimpse of God and paradise in these trivialities! All these things that men worship stand for themselves—and they would not lose themselves! Self-preservation is the instinctive law of the heart.

Yet how full of yearning for peace and satisfaction is the human family! How weary mankind is for the shelter and love of the Father's house! Mankind is not dead—it only sleeps!

Certain, as the day follows in the wake of the rising sun, is man now being lifted to the heights to vision the earth to come. The Angel of Light must lead him on, even though it seems to rudely rouse him from his sleep. Man, of the Earth, must be awakened from his dream of bliss in sense pleasure, for his dearest earthly treasures have become his strongholds of sin.

"Brother Man [for the Angel of Light is brother to every earthly man], you cannot always be content with your own petty interests. If you were fully awake you would feel ashamed of your selfish desires. You even look upon your family as your own possession."

A smile of pride lit up the face of Man, of the Earth, for the one thing he claims as his own creation is his physical offspring. With arrogance and assurance he replies, "My family is the one thing I allow no man to meddle with. It is my own flesh and blood."

"I am not a man, but a superman, an Angel of Light, and I claim the right, because I have found the way to greater heights of happiness and satisfaction, to say that only as 'flesh and blood' is your family yours. You gave

your children physical expression, but you have no great claims of ownership to that which you accidentally conceive.

"I know you bluster and rave at the mention of the subject, but the day has arrived when Light must take the place of Darkness. If the birth of children is pure and holy, we can surely talk about it in a sane, logical, sacred manner. If it be not pure and holy, or something of which we need to be ashamed, those impure thoughts must be cast with the chaff to be burned. There are no half-way marks between purity and impurity!"

"The way I've lived is good enough for anyone. My children shall follow in my footsteps."

"Nay, nay," quoth the Angel of Light, "the whole world is crying 'come up hither,' and the souls you clothed with flesh and blood must take their place among the men of Mind. Personal force and attainment is at an end!"

"But my children have a right to outline the course they would pursue. You would not take away their freedom."

"Rather do I seek to give freedom to these souls you house. You have no children except the product of your own mind, the offspring of the male and female nucleus of your every thought. God is Mind, and when he commanded the male and female of himself to multiply and replenish the earth, he did not speak of human birth, but of Divine Mind's offspring—mental man. True, man has made an awful mess of it.

"Man was not made when this command was given! Therefore you cannot use it as a sanction of God upon your lustful practices. The vast world of thought is your realm of creation—to it alone can you claim parentage. And unless your ideas partake of the Divine nature, they are as scum on a stagnant pool, breeders of disease and discord."

"I will not listen to your accusation. It is God's law that man and woman reproduce their kind, and populate the earth."

"But what a farce you've made of helping God to populate the earth! Look out over your world and see how

it dishonors God. It does not really honor man. Come with me, I say, come," and seizing Man, of the Earth, the Angel of Light lifted him to the heights commanding a view of the earth.

"Look yonder and view the nucleus of your world. The home—inhabited by man and woman, made in the image and likeness of God, created for the express purpose of projecting into the earth all the beauty, the grandeur of Divinity! What are they doing? Perverting the forces of their bodies, the life God gave them through which to build up eternal habitations unto the Lord—the sinless, sickless, deathless body—for their lustful, selfish purposes.

"Yes, men have so long loved the shadows of sense that they have come to believe in their reality. As a result Love has grown cold through lack of proper nourishment.

"Carnal marriage covers a multitude of sins. If all were true that has been said of the 'holy bonds of matrimony,' the earth could not contain the beauty, the holiness, the purity, the peace, the grandeur of such a union! Where is pictured the glory of this carnal love? I see it not. True, here and there I see a verdant spot, but ah, I know that God, the Good, is everywhere, and here and there he filters through the landscape of your world, and radiates the presence of his beauty, not because of man's selfish pursuits, but in spite of them.

"Turn your eyes westward and view the product of your thoughts of sense. See the winding roads leading to the isolated cities of your world. The souls who tread those paths bear in their hearts the stamp of mortal love's carnality. These cities you have built—the insane asylums, the penal institutions, the reformatories, the orphanages, the institutions for the deaf, the dumb, the blind—are the product of the home. Out of the home of mortal man has come every discord of mankind. These cities represent the fruits of carnal marriage, the conception of children in moments of sexual gratification!"

"But——"

"Not one word. The evidence is all before you. It

is too late to make excuses. Man, created a little lower than the angels of heaven, sunk to a level a little lower than the beasts of the field! For you must have observed that even the beasts of your fields, void of mental reasoning, but instinctively closer to nature, give their offspring greater protection relative to birth than man. Does not the mother choose the time of motherhood, carry her babe in perfect safety and chastity during pregnancy, nurses it from the product of the life forces utilized alone to prepare wholesome and sweet nourishment for her offspring? O Woman, mother of the human family, were you permitted to enjoy equal privileges at the time of your motherhood, you might with honest hearts exalt and glorify the mothering of men! That is not holy out of which can come the depravity of the race!

"I do not wonder that the parents of your world cannot look into the faces of their children, and teach them what they need to know about their natural forces, in order that they may escape the pitfalls of sense pleasure to which their minds so readily turn because of the sense atmospheres of your homes.

"I agree with you it is difficult for a parent to expose himself to a trusting child. For this reason, the fathers and mothers of your world have attempted to label knowledge pertaining to the sex-life of their children as 'too sacred' to be openly discussed, but have been quite willing to have their children rudely awakened. Why, upon the proper understanding of the life-forces (commonly called sex-forces) of the body, rests your children's emancipation from sin, disease and death! You could not choose to give them a greater gift.

"Yes, it would be much easier to meet the situation, if parents utilized their seminal fluid only for begetting children. But children are masters in intuitive knowledge. They might question that if God is so powerful and mighty, why he needed to utilize such secondary methods in peopling the earth. You would not be long content in thus mending a broken law. Man must give the substance of his thought

and body to the bringing forth of the Christ—the Divine nature within himself."

Silence reigns.

"I cannot give it up. It is the one absorbing passion of my life! Man wants a little pleasure here on earth."

"You dare to call that pleasure which scatters abroad over the earth the seeds of lust, hatred and revenge!

"Look yonder at the world at war! Need we ask the cause? You deceive yourselves when you attempt to saddle the blame on a few individuals. That great seething mass of flame, and fire, and blood is but the outer representation of the passions, the lusts, the appetites, the hidden carnal desires of the race. There is more to the lesson than appears on the surface. What you see is but the picture of the purifying process through which every individual must pass. The fire and flame of the Spirit must burn out the dross in the human heart. The blood, symbolical of the pure life of Christ, bearing in its current the seed of man, must be purified, harmonized and utilized for the upbuilding of the individual body, and so preserve the whole man—spirit, soul and body—a *living sacrifice* unto the Lord. The dead cannot honor God!"

"But all these new ideas will destroy the sanctity of the home," spoke the wisdom of the world through the lips of man.

"A sanctuary is a holy place, a refuge for all that is sacred. That is holy out of which comes only that which is pure and uplifting. All these new ideas will establish the sanctity of the home, for as yet the earth knows not the meaning of the word. 'Be not deceived; God is not mocked.'

"No, man and woman will not be separated, for it would be impossible to sever that which God hath eternally joined. Having their origin in the Creative Mind, man and woman find their natural and harmonious expression to be one of Divine Love, each representing and contributing in the outer, the qualities of Spirit that are idealized in the heart.

"Man and woman would not be drawn to each other until living stood revealed as something more than pleasurable attainments. For the only object of the union of man and woman is to become a perfectly equalized channel through which the Father may express his ideas of Love and Wisdom.

"Through woman you men of earth have been held in debauchery and sin. (They do not like to believe it—they have prated so long about their virtues). Woman, you are the expression of the soul of man, and man really longs with intense desire for you to hold aloft the ideals he cherishes in his breast. He cannot recognize them until he sees them pictured forth in you! You think to please him through yielding yourself to his sensual demands, made dominant through ages of such meek surrender, but it is only for a little while. He confides to Me his hunger for a holier union.

"Man seeks, and seeks among his womankind for the glory that shed its halo over the first love of his awakened manhood, and you call his seeking by vile names! But man will only find this treasure that he covets, when woman has so purified her consciousness that she can lead him back to make a union with his soul within, through which the beauties of his real nature may be expressed in him.

"Purity is the God of Love, and the King every man and woman longs to enthrone in every home. It seems a sacrilege to have ever labeled the animal attraction between man and woman Love! But it was the best man knew at that stage of his unfoldment, and we would not condemn that by which he grew. We would bring to his vision new ideals to be attained, greater joys to be experienced—joys in which there are no regrets, remorse or blighted hopes. All the earth will blossom as the rose when man recognizes his Divine nature, and lives in harmony with his Higher Self.

"Surely eternal life in the body, the indissoluble union in Divine Love, the glorifying of God in the manifest world is sufficient recompense.

"No, the transformation of the earth would not take

place all at once. Be not alarmed. The new order always overlaps the old. Advance souls have always marked out the course for the race, and despite resistance, eventually lead them on to greater glory and attainment.

"The greatest and noblest attainments in your earth have had their foundation in childless men, or men who sought to express the images of their minds, free from the sensual demands of living. The care of posterity has always been in the hands of them who have no posterity. What of Jesus, of Nazareth!"

"It all sounds very well as an Ideal——"

"Were I not so conscious of the tragedy of man, I'd laugh outright! Surely the conceit of man is his greatest protection! To take it from him suddenly would leave him stranded. I would not be unkind. Ideals precede realities in this day by only the fraction of an inch! See those bright spots from which are ascending that pure, white light? Those are homes already established in your earth, with God as the chief corner-stone. Purity reigns within those walls, and Love that is healing and constructive radiates out into the world of men a blessing—not a curse. Those men and women have no secret joys—no secret griefs nor fears. All the substance of their thoughts is consecrated to the bringing forth of the Christ-child in themselves, and in the world.

"No, you cannot comprehend it all at once. Neither did I, but I was willing to express the highest and the best, and God led my faltering steps up the heights until the glorious world of purity burst on my sight, and then I realized I was not asked to give up anything save that which contributed to sorrow and despair. I could not falter then.

"You do not give up the carnal life of yourself. That is the beauty of it all. Through Me you get the vision and understanding, and then you must be willing to trust God to make it a reality in your life. The Spirit of God in you assures you of its Truth, and the joy of expressing your inner godlike nature will stimulate you to greater heights. It is such a joy to measure up to God's Ideal of you!

"A whole new order of thought is necessary, for it is by thought you create your world. This new order is the 'new birth' spoken of by that Master, Jesus, when he sojourned in flesh upon your earth. All his mighty powers came from recognizing God to be his Father. He did not love less because he made God, rather than the family, the central point of worship."

"But he was born of a woman, and Joseph was his father," excitedly spoke Man, of the Earth, greedy for the opportunity to score a point.

"The world has construed the birth of Jesus to be after its own manner," tenderly spoke the Angel of Light, "because it can discern no other way of physical birth. Even your ministers, who sometimes speak of Jesus as begotten of the Holy Spirit, have not troubled themselves to understand, and teach, and practice a higher order of propagating the human family. They much prefer to teach that God moved out of his regular course to perform a miracle, and brought forth a superman. It requires less energy to believe a falsehood than a Truth, especially when the falsehood serves one's purpose better. There is such a chaos when man adjusts his thoughts—but the glory of the aftermath!

"There is no danger of anyone being cheated out of living. Souls will be embodied as long as they need body expression, and this necessity will enable men and women, who still must have the symbol of the Christ-child by which to grow, to satisfy the pure desire for parentage.

"Do you not see that souls would eventually reach their heights of attainment, even as did Jesus, and overcome the necessity of being born again through refusing to die?

"Yes, it does present a new viewpoint, but a wonderfully refreshing one! How man longs for a change of heart and living! But God himself cannot change the heart of man unless man unlocks his heart and chooses to become atone with Christ; chooses to become the Son of God expressed in Spirit, soul and body!

"There would be plenty in the earth for every Son, for

you see, instead of every man representing a million souls because of that many rebirths, he would stand as One, and that One—Christ made manifest!

"Yes, eventually we would all be Sons, glorifying God alone!

"The starting point is where you are. The time is Now. There are only two phases of expression—generation and regeneration. Fallen man—risen man! One merges into the other. There is nothing lost nor given up that has any eternal value.

"Jesus taught the Truth. He did not discriminate. With the wisdom of a seer he discerned that all who dwell in darkness *need* the light. 'They that are whole need not a physician; but they that are sick.' Jesus came not to call the righteous, but sinners to repentance.

"You in the earth are facing an entirely new order of things today. A new world is in the making. Everything upon which civilization has been built is being weighed in the balance. Of one thing you can be assured—the Good will dominate. Underlying all activity is the One Presence and One Power. All the forces of your world must be harmonized to conform to this underlying Good. Nothing will be destroyed, but error give way to better, holier things. Everything that *our Heavenly Father* hath not planted in the earth shall be rooted up."

Many persons will never have good health until they put themselves through a course of mental discipline. With some, one faculty or group of faculties of the mind are too active; with others, another. One is too ambitious for his means and strength; another worries himself sick; another poisons her blood with constant fear; another has morbid approbativeness, and is looking for slights; another is frequently angry—and all of these unbalanced states produce morbid physical conditions. Such persons must balance up their brain action if they would be strong physically.—*Hygeio-Therapy.*

SCRIPTURE INTERPRETATIONS

CHARLES FILLMORE

OD SAID, "Let there be light," so the *I Am* says to all its thoughts (people), "I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life." Light is a symbol of intelligence, and we cannot too often affirm, "I am intelligence—I am the light of my world." This affirmation will centralize the questioning, doubtful, hesitating thoughts that vacillate in the consciousness, because they have not been polarized by strong words of Truth by the *I Am*. Then you are to "continue in my word." Steadfastly abide in True Words by affirming them in thought until they saturate the whole mentality.

"And ye shall know the truth, and the truth shall make you free." What is the fundamental truth? "God is Spirit." Then all things in line with God must be spiritual, and that which is not spiritual must be a departure from truth, a "missing the mark," or sin. To free the consciousness from its sins or failures the truth must be proclaimed to it by the *I Am*. The whole man must be declared spiritual and free from every limitation. This may stir up those beliefs in the mentality that lay great store by their aristocratic or eminent earthly ancestry, and they will boast that they are "Abraham's seed, and were never in bondage to any man." But the *I Am* discerns that they are in bondage to the sins and shortcomings of the natural man when they acknowledge Abraham as their father. It is committing sin to admit that the *I Am* can have an earthly ancestor, and "whosoever committeth sin is the servant of sin." Hence, whoever in any way looks upon himself as what he is because of his ancestors thereby sins or falls short, and is to that extent the servant of that sin. This servant does not abide in the "house," or consciousness of the True

God; he is in a lower state of consciousness, from which he can only be set free by the Son, or *I Am*.

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What is necessary to come into the consciousness of eternal life? As an abstract proposition we know that God is life, and that that life is omnipresent, the only life we have; and we then assume that we are in *eternal life*.

But there is something wrong with this seemingly logical conclusion. It must be the reasoning of the intellect because the fact is that life comes and goes to our consciousness. We believe that we can lose our lives, and this belief causes us to drop our bodies. We see then that it is necessary that we get something more than an abstract comprehension of life—we must be so at-one with life that it can never for one instant be absent from our consciousness. When we have attained this point there will be no slipping away of the body in death. Victory over death will have been accomplished through fullness of life.

The first steps into this apprehension of eternal life are those laid down by Moses: "Thou shalt not *kill*, Thou shalt not commit adultery, Thou shalt not steal, Thou shalt not bear false witness, Honor thy father and thy mother." These are fulfilled by Jesus' supreme commandment, "Thou shalt love thy neighbor as thyself."

Each of these commandments is necessary in cleansing the mind. The first, "Thou shalt not kill," has an intimate relation to an apprehension of eternal omnipresent life. This refers to the taking of life in any of its forms. If we believe in putting out the life from the forms about us we can never enter into the consciousness of eternal life. So long as we consent to live upon the flesh of those killed for our benefit we are at enmity with eternal life, and when we attempt to enter in we shall be met at the door by these beliefs. Life must be sacred in all its forms to him who would enter into *eternal life*.

Eternal Life is co-eternal with Eternal Substance. It is the support and substance of the true Christian. It must take the place of all other supports and stays. If we are

depending upon our righteousness, our observance of the moral law, and building these up as "great riches," we must "sell all and give to the poor" before we can come into consciousness of omnipresent life and substance.

If we are depending upon our earthly possessions, and have not a living faith in the One Substance to bring to us that which we require from day to day, we are not in the possession of eternal life. These seem hard statements, but they are true to those who have experienced the "letting go and catching on" quality of mind. There is a substance and life all about us that is God. It is the one and only life and substance perpetually fed from the center of Being. When the ego attaches itself to this eternally renewed life and substance, it is in turn eternally renewed. If it attaches itself to the partially inert things of the external world, it becomes like them. To attain eternal life we must unify our consciousness of life with the source of inexhaustible life and energy perpetually flowing from the Great Fountain Head.

* * * * * *

We find all kinds of thoughts exercising themselves in the mind and producing their effects in the body. It takes a philosopher to analyze fearlessly the many phases of thought and handle them with candor and honesty.

From the lower realms of the body consciousness thoughts rise up that are suggestive of the animal in us, and we are sometimes appalled at their grossness. Then we become afraid and suppress and hide these denizens of the mighty deep. This produces subjective fear and weakness. The right way is to find out the source of these thoughts, their meaning and character, and then cleanse them. They are not evil, but ignorant, and the ignorance of mortal mind has put them under the law of impurity, and is holding them there through lack of knowing how to purify them. Thus they are continually forming impure ideas in the subjective consciousness, which are generating gross, material currents of life in the body. A lustful idea in the subjective consciousness will generate fiery currents along the nerves and

fairly cook the flesh. The nerves leading to the eyes are especially subject to this sort of cross-current, and the cooked flesh is deposited on the surface as cataracts, or inflammations. The method is illustrated in the healing by Jesus of the blind beggar, Bartimeus.

"Then Jesus *stood still*, and said, Call ye him." Here is the healing attitude to be assumed by the *I Am*. "Be *still, and* know that *I Am* God." Stand *firmly* on your *understanding*, and boldly command these thoughts of the subjective consciousness to be called up. Do not be moved by the squeamish fears of propriety, nor try to hide from even yourself the impurities within. Let them "cast away their garment" and come plainly forth into the presence of the *I Am*. The "garment" is the idea of concealment which has hid them in the inner thought. Find out the needs of your inner thought world and apply the remedy. "What wilt thou that I should do unto thee?" The desire of this inner realm is always for the light—"Lord that I may receive my sight."

The healing and light giving word is: "Thy faith [inner substance of thy being] hath made thee whole." Every thought, no matter how impure and gross it may appear, has the pure essence of Being at its center, and when the *I Am* declares this inner substance to be in dominion, it is lighted up with the true light and darkness of impurity and ignorance disappears. "And straightway he received his sight."

* * * * * *

Every demonstration over mortal limitations is followed by a realization of Infinite Reality. When we put away the belief in the reality of matter, there follows a realization of the presence of the *true substance*, of which matter is a mortal concept.

The supper that the household at Bethany gave to Jesus represents this outpouring of the invisible. The "supper" is the consciousness of sustenance for the physical man. Martha "served" and Lazarus "sat," signifies the giving and receiving of the forces that feed us on the invisible side of

life. We may not perceive nor even realize what is going on in the silent functions of soul and body, yet see the result in the renewed vigor and healthy flesh, so we should believe the testimony of those who do perceive, and accept it as the proper explanation of the cause—until we can see for ourselves. That we are fed from an invisible source when we come into certain states of soul consciousness, is the testimony of thousands. "Man doth not live by bread alone, but by every word proceeding out of the mouth of God," has a broader meaning than that usually given it.

Every emotion has a corresponding emanation. When we do a loving, unselfish thing, or even think an unselfish thought, there pours forth from the *solar plexus* a real substance. Those who are sensitive to odors often catch its sweet perfume, and think it comes from some external source. By centering the *attention* at the heart, and opening the understanding, one can realize this "precious ointment" which the loving Mary pours forth so freely. By recognizing and acknowledging consciously the Loving Presence, it "fills the whole house," or body. We should commune with these inner functions as *intelligent*, having understanding (feet), and thereby gain the only means by which we can know their office and work. All is Mind, and there is no function or form anywhere without an intelligent presiding identity in charge.

The generous outpouring of Love is retarded by the Self-Consciousness—Judas. It argues the many questions of wasted substance through unwise and indiscriminate giving, but the secret *motif* of its objections is that it desires to absorb the precious ointment itself. If we allow this selfish reason to rule in consciousness, the love-flow turns in instead of out, and eventually congeals.

The "day of my burying" is the state of mind in which the *I Am* is so absorbed in temporal affairs that, for the time being, its higher spiritual estate is forgotten. We often speak of being literally *buried* in the cares and perplexities of daily life. This is literally true of the condition.

If we continue in this way we eventually picture it forth in a buried body.

When we do fall under this mortal law, and allow ourselves to be submerged in the darkness of material beliefs, our former loving thoughts and generous deeds sustain us with a real soul substance, the "precious ointment" of a loving Mary.

FROM PLATONIUS

Extract from letter of Platonius, a Greek teacher of Truth in the First Century, to Flaccus, his student.

"It would be monstrous to believe for a moment that the mind was unable to perceive ideal Truth exactly as it is, and that we had no certainty, no real knowledge concerning the world of intelligence. It follows, therefore, that this region of Truth is not to be investigated as a thing outward to us and so only imperfectly known. It is within us. Hence the object we contemplate, and that which contemplates are identical; both are thought. The subject cannot surely know an object different from itself. The world of ideas lies within our intelligence. Truth is not, therefore, the agreement of our apprehension of an *external* object, with the object itself. It is the agreement of the mind with itself. Consciousness, therefore, is the sole basis of certainty.

"The mind is its own witness. The wise man recognizes the idea of God within him; this he develops by withdrawal into the Holy Place of his own soul. He who does not understand how the soul contains the beautiful within itself, seeks to realize the beauty without, by laborious production. His aim should be rather to concentrate and simplify, and so to expand his being, instead of going out into the manifold; to forsake it for the One, and so to float upwards toward the divine fount of Being whose stream flows within him. You ask, How can we know the Infinite? I answer: Not by reason; for it is the office of reason to distinguish and define. The Infinite cannot therefore be ranked among its objects. You can only apprehend the

Infinite by a faculty superior to reason, by entering into a state in which you are your finite self no longer, in which the Divine Essence is communicated to you. This is ecstasy. It is the liberation of your mind from its finite anxieties. Like only can apprehend like; when you thus cease to be finite you become one with the Infinite in the reduction of your soul to its simplest self, its divine essence, you realize this union, *nay, this identity.*"

MY SYMPHONY

VIRGINIUS OSBORNE

LIKE St. John, was in the spirit on the Lord's Day, and I likewise had a vision. I had been meditating day and night at every possible moment that I could possibly spare from my necessary material work, depriving myself of hours and hours of sleep, seeking a better explanation of him, the Giver of all Life, than I had yet been able to find, when, lo, behold, I heard the music of a much more wonderful orchestra than human mind can conceive, and while I was listening in rapt attention, appreciation and wonder, I was slowly wafted on its strains higher and higher, and nearer and nearer the Performer, until, presently I found myself standing by his side, and at last I realized that I was in the presence of the Great Musician.

Although he did not take his eyes off of his instruments to address me, yet I felt my welcome and confidently placed my hand upon his wrist for support as I followed his wondrous eyes to his instruments. I marveled that he did not move either his hands or his feet in executing this most heavenly music, when presently, I observed trillion upon trillion of almost imperceptibly fine wires issuing out of his heart and gently touching the various instruments which caused them to bring forth this most exquisite music, and another look convinced me that it was the light from his smile which caused the wires to sparkle with such dazzling bright-

ness and brilliancy, even of the most costly diamonds, until I was obliged to shade my eyes with my hands for protection. Now my attention became centered on the instruments themselves, when with almost breathless excitement I beheld that they were the various heavenly bodies of the universe—Venus, Mars, Jupiter, Saturn with her rings, the friendly Moon, and there in its place, yielding its own peculiar music was the Earth, our Earth, my world from which I had just come, and the innumerable and uncountable stars, each and all straining themselves to send forth every inch of vitality in sweet and perfect harmony—these were the instruments on which the Master Musician was executing this symphony of the spheres, moving not a muscle, the myriad medley of wires and brightness receiving their inspiration only from his smile.

And yet more I saw—I saw that each smallest particle of matter in each one of these "instruments" had a most important part to perform in this wonderful symphony in helping to keep its "instrument" in tune—I even saw my own small self on our own little Earth and was permitted to observe the part I played in this symphony of the universe, and almost in awe was I made to realize the eternal importance of the strictest attention to duty of each smallest particle and of the harsh discord of the slightest inattention.

I also learned that the only audience necessary was the Master Musician and the various "instruments" themselves, as the reaction on the "instruments" of the contact with the performer filled them with completeness of life, and, yet, as I was leaving this Inspiring Leader informed me that I had witnessed only a rehearsal as the "instruments" were in reality only in the process of being tuned.

As I reluctantly took my departure from this sacred spot, I did so with the determination to work overtime every moment of the future in so refining the material given me with which to aid in the construction of our "instrument" to be used in this symphony of the ages when finally rendered that no possible discord could be detected, even by the Master Musician himself.

AUTHORITY

P. H. ROBERTS

HE SUPREME authority for physical science is reason. This prevails in the realm of things which manifest in space and time, their relations, and the laws that control. When science demonstrates a fact, reason sets its approval, and there is no appeal to a higher authority in the realm of mind. Yet science does accept a higher authority in other realms than the mental. It accepts this authority through faith, yet by necessity, and not by reason. The axioms of science are based upon this authority. When axioms are called self-evident truths it is merely saying that they are accepted by faith, for they cannot be demonstrated by reason. Science says, "One added to one equals two," and it demonstrates this fact by adding one "thing" to one other "thing," and the invariable result is two "things." This invariability of result is called a "law," and we accept it as immutable. We find that it applies to all facts of science, but it does not apply to all facts of existence.

Science demonstrates that I have a body, which is Me; also, that I have a mind, which is an entirely different thing from my body, yet it also is me. Therefore, science demonstrates that I am at least two—and I may be many more—for my body is composed of millions of atoms, each different from the rest; yet science fails to demonstrate how they combine to compose the individual Me, for I am continually receiving new atoms and rejecting old.

The materialistic scientist who accepts only the authority of reason assumes a hypothetical life germ which is continually changing its relations to atoms in space, and by gathering these atoms into a concrete body manifests the individual Me. This assumption is itself accepting another authority than reason. But as reason must accept some assumption in order to begin its demonstration, this seems

more in harmony with its succeeding processes. Yet, if this is true the mind cannot be a different Me from the body; since I cannot be two and at the same time only one—the individual Me. Thus science is driven to conclude that my mind is only a "function" of my body, and is not real in itself. In this way science must account for all phenomena: that produced by life, by consciousness and by purpose, such as energy, sensation and will.

Consciousness is a higher authority than reason, for it is upon this that the axioms of science are based. This is the authority I call the "knowable," as distinguished from reason, which I call the "thinkable." Reason accepts the fact that I am one because I am conscious that I am one, and if I believe that I am more than one I am out of harmony, not only with consciousness, but with the facts which reason demonstrates in my relations. If I accept the facts of consciousness as superior to reason, I can harmonize my relations with all the facts of science, and also with the facts of existence which are not within the realm of reason. I not only recognize the fact of mind and body as one, yet each a different entity, but rise still higher and recognize another entity which neither reason nor consciousness necessarily recognizes—a Spirit. This Spirit, mind and body, each a different entity, comprise the real Me—the individual.

I accept the reality of spirit upon an assumption of consciousness, just as I accept the reality of mind upon an assumption of reason. I am not conscious of Spirit as an entity, just as I cannot prove mind is an entity. I must assume the reality of Spirit to account for the facts of consciousness, just as I must assume the reality of mind in order to account for the facts of things. We must find a still higher authority than consciousness to enforce this assumption of the reality of Spirit. I call this authority "Purpose." Neither reason nor consciousness alone can discover the Universal Purpose, which we accept of necessity as an assumption of will. We can neither prove it by reason nor realize it by consciousness, yet the evidence of both reason and consciousness is valueless unless it is a fact.

Sopenhauer assumes purpose to be the only reality in the universe, and calls it "Will." It is the supreme authority and executes that authority through will, which is only its faculty, and not the reality itself. As man is the highest expression of individuality manifest to himself, the will is the highest authority to the individual man. His supreme mission is to harmonize this will with the Universal Purpose. This purpose is expressed as God's will. It is not all there is of God; it is God causing and urging. It is not God as Substance, Life Consciousness or Intelligence. Through the will we exercise authority in accepting and rejecting. The will accepts the reality of spirit and imposes it upon consciousness. It accepts the reality of mind through consciousness and verifies it to reason. It asserts the fact, "I am one," body, mind and Spirit. Consciousness recognizes this as a fact, reason accepts it and all relations are brought into harmony through its authority. The fact that this Purpose is "Good" is developed in the same way. When we recognize and accept this ultimate authority of God's Will as good, all facts will manifest as good. We bring this good into manifestation through individual choice.

Concretely then, the *Supreme Authority* in the Universe is Purpose; the supreme obligation upon man is his individual will expressed through choice. The thing upon which this obligation rests is God's Will. When man refuses the authority, and rejects God's Will, the result of his choice is error and inharmony, bringing disease, sickness and death.

NO PLACE FOR ANXIETY

Anxiety has no place in the life of one of God's children. Christ's serenity was one of the most unmistakable signs of his filial trust. He was tired and hungry and thirsty, but we cannot image him anxious or fretful. His mind was kept in perfect peace because it was stayed on God. The life lived by the faith of the Son of God will find his word kept: "My peace give I unto you."—*M. D. Babcock.*

This department is open to all members of the Correspondence School, including those who have finished the course.

Exchange of ideas and power of expression are two of the benefits to be derived from a free use by the students of this monthly forum. Write whatever you think may be helpful to others who are studying along the same line with you. If you have questions to ask, send them in, but be sure that they bear directly on the lessons, or the application of the Truth in spiritual overcoming and teaching. Only pertinent questions will be considered; these will be printed in *Unity Magazine*, and students are invited to send answers.

The hearty coöperation of all the students in giving their best thought for the help of others will unify all in a broader and deeper consciousness of the Christ Body, and prepare them for more effective restitution work. We shall therefore be glad to hear from you, whatever word you may wish to give.

This school is not founded in any way on commercial methods. There is a Divine Law of giving and receiving, and we keep this law, giving fully and freely, and expecting to receive in the same manner. All our compensation, therefore, comes as freewill offerings. The request is sometimes made that we set a definite price upon the lessons, but this we cannot do. Truth is priceless from a money standpoint. It cannot be bought for gold and silver. It must be given. Then the law recompenses the giver through those who receive. What one individual gives is not a standard for another. Each should give according to his faith and sense of justice. And no one should be without the Truth from an idea of lack. If you are burdened with the thought of poverty, you need the lessons to free you and help you into the understanding of God as your All-Sufficiency.

This law that equalizes and balances all things, including service and compensation, is taken up in the course and given attention as one of the vital points in spiritual understanding and demonstration.

The school is open always, and students may enroll at any time.

Address Unity School of Christianity, Correspondence School Department, Tenth and Tracy Avenue, Kansas City, Mo.

THE SPIRIT GIVETH LIFE

VERY idea is capable of infinite expansion, and unless we are constantly being trained in liberality of thought, there is a tendency to limit the free expression of ideas. For instance, the statement, "The Spirit giveth life," at first conception presents the idea that the Spirit, or God, giveth life unto its expressions. This deduction is quite true, but there are many more valuable ideas to be gained through further contemplation.

Did you ever notice a child building his block house in a mechanical, listless sort of way, and then tumbling it down with one sweep of his hand, immediately upon its completion? Why the dissatisfaction? He did not enter into the spirit of the building and so he missed the joy of the attainment.

So students of Truth, who fail to enter into the spirit of what they are doing, lose the zest of living, and consequently are not made alive, for the letter killeth. This is true in a literal sense. Unless we consciously coöperate with the spirit of the thing at hand, we are mechanical in our expressions, and more than that, are inviting age, decay and death. Age, decay and death are the results of lack of life, and this lack is evident in all things in which we fail to put our full measure of enthusiasm, interest, coöperation, or whatever quality is necessary to make any given activity a perfect expression of the ideas for which it stands.

With the understanding that life is something to be felt, we can readily see the importance of calling into expression the underlying spirit, which is the life of everything. No matter if a single day contains a variety of tasks to be done, each must be approached in the proper spirit, if life is to be demonstrated. If it is golf, or bread-making in the morning, each is full of unexpressed capacities to be molded into living form.

If you are speaking a Word of Truth, do it in the

spirit. If the keynote is joy, give it joyous expression by putting joy into your voice. If it is a word whose keynote is love, let the warmth of your feeling overflow. If you are singing a song in which life is the theme, let the life idea have full expression. It is the spirit in which we do anything that impresses our souls, and causes a change of consciousness. One idea that is *felt* is infinitely more valuable than a hundred only thought about.

We are the masters of our destinies, even unto the building of the eternal body. The idea of going off somewhere to attain joys, not realized in living, is a myth not worthy of serious consideration. People employ all methods known to science to fight shy of a "heaven in the skies," and the most orthodox Christian does not seem to be ashamed of having put off his contemplated reunion with God. The Spirit of intelligence inherent in man assures him that he has done the right thing in preserving body consciousness.

The important thing is to know *how to live* in order that we may be continually expressing more of the glory and beauty of holiness and harmony. To live fully there must be an *ever present mode of action* that makes for one's highest development. Spiritual living is not a spasmodic expression of enthusiasm, brought on through exalted thinking, but is rather a calm, steady devotion to God and his laws. Our mountains of spiritual exaltation must be leveled to the valleys until we walk calm, serene and unafraid in the smooth, green plains of poise and power, knowing neither "ups nor downs."

When we train ourselves to enter into the spirit of all that comes to our hand to be done, we ascertain that many things, which we did through force of habit, custom or social obligations, must be relinquished. Who of us, seeking to be alive now, could feast upon the carcass of the dead turkey and remember the spirit of either Thanksgiving or Christmas? Either the feast of flesh or the spirit of the occasion must go. Clad in the consciousness of life here and now, we choose the mode of action that exalts and preserves the consciousness of *life* in us.

It is a mockery to speak our Word of Truth and then act contrary to it. Unless you have concluded to follow up the Word with the act that conforms to the spirit it contains, you are not ready to speak the Word. Think about the Word you would like to see fulfilled until you have realized its meaning. The activity of the Word in consciousness brings harmony into expression only as you are willing to manifest its spirit. Much of the state called "chemicalization" in students of Truth comes through failure to act in harmony with the Word declared. By act, is not necessarily meant an outer activity of the body, though this too is essential, but rather *acting* as related to thought. For instance, you say, "I am established in the consciousness of health and plenty." Following this declaration all the thoughts of the mind must be harmonized with the spirit of the Word declared. The sense consciousness, in a multitude of ways, intimates its susceptibility to thoughts of discord and poverty, but the student of Truth continues to repeat his Word until a consciousness of the Truth is *felt*. Sense thoughts are dissipated and the student rejoices in having met and conquered the disturber. He has kept true to the Spirit, and as a result, has entered into more abundant life.

Even though a student of Truth only intellectually perceives a Word at first utterance, if he lays hold of it with the *intention* of making it a reality, he has entered into its spirit and harmonious results will follow. The important point is to give the Word, or work at hand, whole-souled attention. By adopting this method one builds up a great consciousness of Substance; and by refusing to do anything in a cold, mechanical way, the rich substance is not dissipated. "Riotous living" is as applicable to thought activity as it is to outer acts.

Every thought functions in the body consciousness, and shows forth in some manner the spirit it contains. If we want live bodies, bodies that picture the youth, beauty and holiness of Spirit, let us do everything as unto the Lord, conscious always that with what measure we mete it shall

be measured back to us, heaped up, pressed down, and running over. The spirit of our thoughts, words and acts is the measure of our capacity to demonstrate eternal life. "It is the Spirit that quickeneth."

BIBLE STUDY

First Day's Creation, as Recorded in First Chapter of Genesis, of the American Revised Bible; Its Interpretation, and Application in Individual Consciousness.

1. *In the beginning God created the heavens and the earth.*

The word "God," in this instance, stands for *Elohim*, the Divine *Logos*, which is God in his capacity as Creative Power, and includes all the potentialities of Being. We should bear in mind that this is a record of Divine Mind's activity in the realm of ideas. In the second chapter of Genesis we are told that "no plant of the field was yet in the earth, and no herb of the field had yet sprung up; and there was not a man to till the ground." The "beginning" indicates the first concepts of Divine Mind. "Created" means idealized. The "heavens" is the realm of ideas, and the "earth" represents ideas in expression, but not yet manifest. Heaven is the ideal, and the earth is the *mental* picture. A good comparison of this first day's creation is found in the activity of our own minds. We first think out a proposition before we bring it forth.

2. *And the earth was waste and void: and the darkness was upon the face of the deep; and the Spirit of God moved upon the face of the waters.*

The idea of the earth (mental picture) was not yet clear. Harmony of form had not yet come into expression. The "deep" represents the capacity of the earth idea to bring forth. The "face" of the deep stands for its intelligence. Understanding has not yet come into expression, and no action is apparent. The "Spirit of God," or Divine Intelligence, moved upon the "face of the waters." "Wa-

ters" represent unexpressed capacities, and are the mental element out of which all is produced. Man is conscious of unexpressed capacities, but only as he moves upon mind-substance with Intelligence is his inherent spiritual qualities molded into definite form.

3. *And God said, Let there be light: and there was light.*

Light is intelligence, a spiritual quality. Light corresponds to understanding, and should precede all activity. In the beginning of all creation we should declare for light. Our declarations of Truth are instantly fulfilled in Spirit. "And there was light."

4. *And God saw the light, that it was good: and God divided the light from the darkness.*

All that emanates from God is good. In the process of bringing forth our ideas we need a certain degree of understanding in order to properly relate our thoughts. The light is divided from the darkness. In Divine Mind the light (intelligence) was separated from the unexpressed capacities (darkness).

5. *And God called the light Day, and the darkness he called Night. And there was evening and there was morning, one day.*

The Day represents that state of Mind in which Intelligence dominates. The Night represents the realm of thoughts not yet illumined by the Spirit of God. "One day" represents a certain degree of mind unfoldment, the conclusion of a definite mental process.

RECIPROCAL BLESSINGS

A Unity Worker

On receiving my weekly pay envelope from Unity, there was flashed before my mind a vivid panorama of the sure, deft way in which Spirit conducts the enterprise given over to its supervision.

The picture was that of a vast circulatory system,

universe wide in its scope of spiritual action, world embracing in the field of its human relationships. In the latter form there was first the Unity building, where sincere men and women lavish their God bestowed gifts in the immediate relief of human suffering, following this up with the educational work through which the world may learn the Way, the Truth and the Life as they are in God for all of us. Love, courage, health, inspiration flowed out, a stream of blessing, calm, mighty, satisfying.

Then, into the lives of those ministered unto, I saw hope enter where before despair had ruled; health washed away disease; good will superseded distrust; plenty filled the lives hitherto empty of all that makes the soul rich.

In the gratitude of awakened minds there sprang the sense of reciprocal giving as it takes form in the free-will offering of support. Forth from the strength of restored confidence, forth from the hope gladdened hearts, forth from the healed minds, forth from the willing hands of those who had received more than eager tongues could confess there came the substance symbol, accompanied by words of thanks and blessings innumerable.

I said, "It is blessed to receive, but how much more blessed than receiving is giving only the soul made alive can know."

Holding my envelope in my hands, I spoke this blessing which I repeat in essence each week:

The blessing of Him that maketh rich be upon all who have given of their substance for the upkeep of this work. The Spirit of Supply prosper you in mind and body, in effort and in result. The God of inspiration and prosperity enlarge your place, increase your gold and your silver, add ability unto you and give you peace.—*I. O. S.*

QUESTIONS AND ANSWERS

Explain John 15:13, 19, R. V.: Greater love hath no man than this, that a man lay down his life for his friends."

Man lays down his life when he lets go of his personal interests, seeking rather to benefit humanity through promoting universal principles. Great love is based upon unselfishness, and looks always toward doing that which produces lasting and permanent results. The philosopher, the seer or the teacher becomes a friend to all mankind because he bestows upon them an everlasting blessing. Jesus uttered these words after commanding that "ye love one another, even as I have loved you." Jesus loved mankind enough to uncover their errors and show them the way of righteousness, and every man who fearlessly and unselfishly follows in the footsteps of the Master is fulfilling the commandment of Jesus to love even as he did. Applied to the consciousness of man, thought elements are continually fusing with each other, losing their identity in the process of building up the consciousness as a whole. Love is the harmonizing and attracting principle, active in consciousness, through which the body is restored to its original holiness and perfection.

"*If ye were of the world, the world would love its own: but because ye are not of the world, but I chose you out of the world, therefore the world hateth you.*"

The world represents the mortal consciousness built up by man's false thoughts. When the consciousness is illumined of the Christ, certain thoughts are lifted up and resistance in the flesh, a form of hate, follows. "Like attracts like," and thoughts of the mortal consciousness find nothing in common with thoughts charged with Divine qualities. Individuals experience a certain affinity for people of like thoughts. The man, steeped in self and worldly interests, finds little companionship with the man devoted to God and his laws.

* * * * * *

What is the difference between the carnal mind, and the intellect?

The carnal mind is that phase of consciousness built up through the belief in the reality of materiality, in its different modes of expression, as sin, decay, pain, age or lack. The carnal mind has its foundation in a lie, and is the ad-

versary of which Jesus spoke when he said, "He was a murderer from the beginning, and standeth not in the truth, because there is no truth in him" (John 8:44, R. V.).

The intellect is built up through cognizance of the objective thought world, and does not relate itself to substance. It is dual in nature, perceiving both good and evil. However, intellect is fundamental in Being, and when quickened of the Spirit harmonizes naturally with spiritual understanding, and in this respect differs from the carnal mind, for the carnal mind cannot be redeemed, but is rather dissolved and reduced to its native nothingness. The intellect is symbolized by John the Baptist, and represents that intelligence in man that perceives Truth and makes ready for the fuller realization of Wisdom, which takes place when Truth is established in Substance, and Christ recognized as a creative power in consciousness.

STEPS TO REALIZATION

(To be Meditated Upon Daily)

Realization of Health.

I am the perfect idea of God, eternally whole and sound.

I am made of the One God substance.

I am rooted and grounded in Love.

I am the pure intelligence of God.

I am established in harmony and power forever. Nothing can by any means hurt me.

I have the consciousness of perfect, abiding Health in God.

God's perfect image and likeness can never be lost, therefore I am life and health eternal. Living, moving and having my being in God, I am ever renewed and vitalized and strengthened with power, wisdom and perfect Love.

I am filled with gratitude and praise for God's great gift of perfect life and health.

Realization of Wisdom.

I know. I understand. I see clearly.

I am calm, serene, and poised in Truth.

I now claim from the infinite God the true light of Understanding.

I love the wisdom of God, and wait upon him continually for light.

Trusting in the pure wisdom of God, I cannot make a mistake; all that cometh to me is good, no matter what the appearance.

God is ever present Light, "in him is no darkness at all." I dwell in God's pure Light and am satisfied.

Realization of Prosperity.

I am ever immersed in God's loving Abundance. He is my Shepherd, I shall not want. Rich abundance is mine. All that the Father hath is mine.

The Father loves me to use freely and generously his rich, full, abundant supply.

As a proof of my abiding trust in God, I let go all thought of fear. I drop all thought of lack or need of economy, all meanness, and think and speak and act as becomes a child of the King, richly, generously and lovingly.

I am richly prospered in all my way, praise God.—*Good Will.*

FAITH

VIRGINIUS OSBORNE

Faith is the eye of the heart. The heart—the spiritual heart—is the center, the core, the seed of man. When man therefore, uses his heart eye—faith—to look to God, he, by that very act, opens the door to the inflowing of God's abundance. In other words, just as soon as I have a sufficiently abiding belief in God's goodness to result in Faith, I, to that extent, develop an Eye to my spiritual heart with power to see and commune with God in his real spiritual nature, and place myself in such harmony with his character nature, and place myself in such harmony with his character, such an attitude of understanding and receptivity as to draw to myself of the wholeness, the abundance, the completeness of his nature, and in that way I become a brother to our Elder Brother—a son of God.

SUNDAY LESSONS

SUNDAY, JANUARY 27

TEMPERANCE.—Romans 14:12-23.

12. So then each one of us shall give account of himself to God.

13. Let us not therefore judge one another any more: but judge ye this rather, that no man put a stumblingblock in his brother's way, or an occasion of falling.

14. I know, and am persuaded in the Lord Jesus, that nothing is unclean of itself: save that to him who accounteth anything to be unclean, to him it is unclean.

15. For if because of meat thy brother is grieved, thou walkest no longer in love. Destroy not with thy meat him for whom Christ died.

16. Let not then your good be evil spoken of:

17. For the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.

18. For he that herein serveth Christ is well-pleasing to God, and approved of men.

19. So then let us follow after things which make for peace, and things whereby we may edify one another.

20. Overthrow not for meat's sake the work of God. All things indeed are clean; howbeit it is evil for that man who eateth with offence.

21. It is good not to eat flesh, nor to drink wine, nor to do anything whereby thy brother stumbleth.

22. The faith which thou hast, have thou to thyself before God. Happy is he that judgeth not himself in that which he approveth.

23. But he that doubteth is condemned if he eat, because he eateth not of faith; and whatsoever is not of faith is sin.

SILENT PRAYER: *I no longer desire the false stimulants of sense. I am satisfied with the life-giving waters of Spirit.*

Paul was a "Pharisee of the Pharisees," according to his own confession, nevertheless he was unusually tolerant and recognized the necessity of individual freedom. "Where Christ is there is liberty." We should beware how we let our zeal to help others interfere with their liberty of

choice. We are accountable to the Divine Law, and we should as helpers confine ourselves to teaching and demonstrating in our lives its principles. "So then each one of us shall give an account of himself to God."

Do not judge others, but strive to remove their limitations. The "stumblingblocks" at first sight seem to be in the environment, but a closer discernment reveals that they are primarily in the mind. Then we should not put additional weight into the already existing stumblingblocks by filling them with the "thought-stuff" of condemnation.

"To the pure all things are pure." "Nothing is unclean of itself." The essence of all things is Spirit. God is Spirit; therefore all things are God—Good. Does this mean that poison, whiskey, tobacco, and the many enemies to man's well-being are good? Whatever life and power these possess are of the One Mind and they must therefore have place in the Divine Economy. It is the *relation* of things that determines their good or evil in man's constitution. The essential elements of all things are good. But man has power to subject a good thing to conditions that throw it out of harmony with its natural law. Corn is one of our most highly prized cereals, but it can be put through a process of fermentation and produce a fluid called alcohol. This fluid is not in itself evil—it makes a good fire—but when placed in man's stomach it sets afire the whole nervous system.

So there is evidently a right place for everything in the universe, and "nothing is unclean of itself." It is the combinations of ignorance that make havoc. Beware the concoctions of the druggist—and the thrifty housewife. The proportions put into the products of Mother Nature are proper, and man will eventually discover that he cannot improve upon them—then even cooking will cease.

"The kingdom of God is righteousness and peace and joy in the Holy Ghost." This is such a self-evident truth that it needs no comment. The question is, How shall we attain the Kingdom? Only by understanding the law and following it. The law of God in creating man cannot be

changed, hence it must be found and obeyed. Jesus said that not one jot or tittle of the Law should pass away until all was fulfilled. He knew the Law, and he is a good guide, and we find that his methods prove that they are founded on a Principle. Hence, "he that serveth Christ in these things is acceptable to God, and approved of men." Christ is the God-mind that Jesus proved existed at the center of man's being.

"It is good neither to eat flesh, nor to drink wine, nor to do anything whereby thy brother stumbleth." This is good, plain Scripture teaching in matters that many are asking about. Putting aside the question of how meat, whiskey and tobacco affect you, ask yourself how your demand for them is putting stumblingblocks in the way of others. The noxious tobacco sweat-shop, the reeking packing-house and the brewery vats are pouring forth their products because men demand them. If you are demanding any of these things you are helping to perpetuate them.

SUNDAY, FEBRUARY 3

THE FIRST CONSCIOUSNESS OF SPIRITUAL STRENGTH.—Judges 16:21-31.

21. And the Philistines laid hold on him, and put out his eyes; and they brought him down to Gaza, and bound him with fetters of brass; and he did grind in the prison-house.

22. Howbeit the hair of his head began to grow again after he was shaven.

23. And the lords of the Philistines gathered them together to offer a great sacrifice unto Dagon their god, and to rejoice; for they said, Our god hath delivered Samson our enemy into our hand.

24. And when the people saw him, they praised their god; for they said, Our god hath delivered into our hand our enemy, and the destroyer of our country, who hath slain many of us.

25. And it came to pass, when their hearts were merry, that they said, Call for Samson, that he may make us sport. And they called for Samson out of the prison-house; and he made sport before them. And they set him between the pillars:

26. And Samson said unto the lad that held him by the hand, Suffer me that I may feel the pillars whereupon the house resteth, that I may lean upon them.

27. Now the house was full of men and women; and all the

lords of the Philistines were there; and there were upon the roof about three thousand men and women, that beheld while Samson made sport.

28. And Samson called unto Jehovah, and said, O Lord Jehovah, remember me, I pray thee, and strengthen me, I pray thee, only this once, O God, that I may be at once avenged of the Philistines for my two eyes.

29. And Samson took hold of the two middle pillars upon which the house rested, and leaned upon them, the one with his right hand, and the other with his left.

30. And Samson said, Let me die with the Philistines. And he bowed himself with all his might; and the house fell upon the lords, and upon all the people that were therein. So the dead that he slew at his death were more than they that he slew in his life.

31. Then his brethren and all the house of his father came down, and took him, and brought him up, and buried him between Zorah and Eshtaol in the burying-place of Manoah his father. And he judged Israel twenty years.

SILENT PRAYER: *God is the strength of my life and I am powerful in every part.*

Samson means in Hebrew "Sun-hero" or "Sunny." He represents physical strength under spiritual discipline. Samson, like John the Baptist, was a Nazarite. He was consecrated to God before his birth as one who should "begin to save Israel out of the hand of the Philistines" (Judges 13).

As a Nazarite Samson vowed total abstinence from wine and all intoxicating liquors; that the hair should go uncut; and that all contamination with dead bodies be avoided. It was usually a temporary vow, but Samson and John the Baptist were perpetual Nazarites. The meaning of the vow was "entire consecration to God."

In the regeneration the conscious mind is first set right, then the body is put in Divine order. In the first steps the mind is cleansed, and the body is built up in a general way, but no permanent regenerative work is done until the Spirit enters the inner centers as a quickening fire.

When Samson began his work the Israelities were under the dominion of the Philistines, vanquished and dispirited. The nation was in danger of extinction, and peace

was purchased of the Philistines by deepest dishonor. (Philistines means "strangers," "emigrants," "foreigners.")

This all means, that the body was in the possession of forces foreign to the Spirit, and redemption was necessary. History says the Philistines held five great cities which were ruled by "lords." It is easy to discern here the meaning of the five senses under the dominion of thoughts foreign to Spirit. The Philistines were opposed to all true spiritual discipline—worshiped strange gods in the forms of animals, and resorted to all kinds of sorcery and soothsaying.

When the five-sense man gives himself up to fleshly desires and makes no attempt to live in spiritual consciousness, he is ruled by Philistine thoughts. This is a suppression of the realm man and if continued the soul will be finally crowded out of its rightful domain, the land of Israel. It is of vital importance that the redemptive processes of Spirit be inaugurated at this stage of man's development, and it is through Samson, the consciousness of Spiritual Strength, that the work begins.

In his attempts to overcome the sense consciousness, and impart to it a higher principle, Samson is sometimes overcome, but he rises again and again and destroys his enemies. When we declare our strength to be spiritual and under the dominion of spiritual law a great increase of power is manifest in the back—the strength-center in the organism. But sensuality is active and the foolish Samson finds his strength gone after he has visited Delilah. Then be becomes an easy captive to the Philistines, who put out his eyes (spiritual perception) and incarcerate him in prison walls.

But with returning consciousness of vital force, represented by the hair, strength comes again and a mighty effort is made to express it, regardless of consequences. This supreme expression tears down the walls of the temple and destroys both Samson and his enemies. This sometimes occurs where the strength thoughts are suddenly massed and poured upon the organism in volume stronger than it can bear. Had Samson always had good judgment with

his great ideas of God's indwelling strength, he would have declared it in peace and harmony, and under that Divine Law he would have demonstrated perpetuity of the temple. "In patience possess ye your souls."

Sunday, February 10

FIRST PERCEPTION OF DIVINE LAW.—Exodus 2:1-15.

1. And there went a man of the house of Levi, and took to wife a daughter of Levi.

2. And the woman conceived, and bare a son: and when she saw him that he was a goodly child, she hid him three months.

3. And when she could not longer hide him, she took for him an ark of bulrushes, and daubed it with slime and with pitch; and she put the child therein, and laid it in the flags by the river's brink.

4. And his sister stood afar off, to know what would be done to him.

5. And the daughter of Pharaoh came down to bathe at the river; and her maidens walked along by the river-side; and she saw the ark among the flags, and sent her handmaid to fetch it.

6. And she opened it, and saw the child: and, behold, the babe wept. And she had compassion on him, and said, This is one of the Hebrews' children.

7. Then said his sister to Pharaoh's daughter, Shall I go and call thee a nurse of the Hebrew women, that she may nurse the child for thee?

8. And Pharaoh's daughter said to her, Go. And the maiden went and called the child's mother.

9. And Pharaoh's daughter said unto her, Take this child away, and nurse it for me, and I will give thee thy wages. And the woman took the child, and nursed it.

10. And the child grew, and she brought him unto Pharaoh's daughter, and he became her son. And she called his name Moses, and said, Because I drew him out of the water.

11. And it came to pass in those days, when Moses was grown up, that he went out unto his brethren, and looked on their burdens: and he saw an Egyptian smiting a Hebrew, one of his brethren.

12. And he looked this way and that way, and when he saw that there was no man, he smote the Egyptian, and hid him in the sand.

13. And he went out the second day, and, behold, two men of the Hebrews were striving together: and he said to him that did the wrong. Wherefore smitest thou thy fellow?

14. And he said, Who made thee a prince and a judge over us? thinkest thou to kill me, as thou killedst the Egyptian? And Moses feared, and said, Surely the thing is known.

15. Now when Pharaoh heard this thing, he sought to slay Moses. But Moses fled from the face of Pharaoh, and dwelt in the land of Midian: and he sat down by a well.

SILENT PRAYER: *Let thy righteous Law be fulfilled in me.*

The birth of Moses represents the development in consciousness of the law of man's being from the negative side. The meaning of the word Moses is "drawn out of the water." Water represents universal negation. But water represents the Great Possibility. Out of the seeming negative conditions comes the new growth. "The spirit of God moved upon the face of the waters." "Let there be a firmament in the midst of the waters." "Let the waters be gathered together." Geology says that life on this planet was first manifest in the waters. Thus the Mind that created the earth had to sow its thoughts in a universal solvent, that they might be increased.

All of God's creations are under laws whose foundation is mind. That is, we can resolve every so-called fact of nature into a mental statement and thereby find the law of its being and its object. This is spiritual science in its highest aspect.

When we are in what seems Egyptian darkness, and "weak as water," we are ripe for the higher understanding. The thoughts that rule in the darkness are bent upon putting out all the children of light, but if we are "of the house of faith," which was said of Moses' parents, then our desire to bring forth the higher consciousness will find a protector.

We must care for the infant thought of Truth and surround it with the ark of love and trust, right in the midst of its seeming enemies. "Surely the wrath of man shall praise Thee."

When we have arrived at a certain understanding of Truth, represented by "when Moses was grown," we are zealous for our principles to the point of destroying anything that interferes with their freedom. The thought that seeks to destroy those that oppose us reacts and we find our own people in contention. This leads to self-examination and

the revelation that we have been in great error and tried to hide our sin in the deceptions of matter. This calls down upon us the wrath of the mortal law and our Truth is obscured for a season. But "he sat down by a well." The All Possibility is about to manifest from another view-point —the well of living water within the soul.

SUNDAY, FEBRUARY 17

THE INNER VOICE—I Samuel 3:1-10.

1. And the child Samuel ministered unto Jehovah before Eli. And the word of Jehovah was precious in those days; there was no frequent vision.

2. And it came to pass at that time, when Eli was laid down in his place (now his eyes had begun to wax dim, so that he could not see),

3. And the lamp of God was not yet gone out, and Samuel was laid down to sleep, in the temple of Jehovah, where the ark of God was;

4. That Jehovah called Samuel: and he said, Here am I.

5. And he ran unto Eli, and said, Here am I; for thou calledst me. And he said, I called not; lie down again. And he went and lay down.

6. And Jehovah called yet again, Samuel. And Samuel arose and went to Eli, and said, Here am I; for thou calledst me. And he answered, I called not, my son; lie down again.

7. Now Samuel did not yet know Jehovah, neither was the word of Jehovah yet revealed unto him.

8. And Jehovah called Samuel again the third time. And he arose and went to Eli, and said, Here am I; for thou calledst me. And Eli perceived that Jehovah had called the child.

9. Therefore Eli said unto Samuel, Go, lie down: and it shall be, if he call thee, that thou shalt say, Speak, Jehovah; for thy servant heareth. So Samuel went and lay down in his place.

10. And Jehovah came, and stood, and called as at other times, Samuel, Samuel. Then Samuel said, Speak; for thy servant heareth.

SILENT PRAYER: *He that is of God heareth the words of God. Speak, Lord, for thy servant heareth.*

There are many voices in consciousness. The organism itself is a living register of thoughts and words, not only from the individual, but also from his environment. The cylinder of the phonograph is an illustration of the manner

in which the sensitive thought-stuff, in which we live and move and have our being, receives impressions.

The song we sang yesterday is registered, and through the power of memory we can recall it. A year hence it will be more difficult to recall, because many other songs have been registered right over the old song; but it is still there, and in the revolutions of thought that are constantly going on it may come to the surface at an unexpected time.

The endless flood of thoughts running through the mind is the whirling cylinder of soul-words in the phonograph of human consciousness. It is not strange, then, that we are often confused by the many voices we hear in the inner ear. It very frequently happens that this great realm of registered sounds is broken through by the outer ego and voices are heard at intervals, or constantly. This experience is quite common; nearly all people have heard voices, or what seemed voices, when no one was present. When the voices come unbidden, the confusion disturbs the even flow of thought, and the individual is considered "queer," because he often seems in abstraction when addressed. When such a one complains about these voices within, he is told that it is all his "imagination."

This is the conclusion of ignorance. A wise one would advise listening for the Supreme Voice, thus silencing the lesser ones. Thus Eli told the boy Samuel when he heard the Voice to say, "Speak, Lord; for thy servant heareth." Addressing the attention to the One Voice puts away the many, and brings order out of confusion.

Soul development often begins with this experience, and the doubts and fears of the untrained or childish mind are an impediment to the Lord's work. When we *know* that there is One Supreme Mind always present, which may be called upon and consciously reached by the most humble man in the universe, we have the key to the kingdom of God within.

The obedience of the little child is a necessary factor in dealing with spiritual things, because the mind must be

open and receptive in order to see and hear the "still, small voice" of the Spirit. Fearlessness and candor are also necessary. When we have a revelation we should not be afraid to speak it forth, although it rebukes the errors of respected institutions. Eli had grown lax in his office and had to be reached through the more alert mind of the youth Samuel.

Cultivate the thought of youthfulness—lay hold of the Absolute Perfection and the Lord God Almighty will speak to you in the Inner Life.

The reliance on property, including the reliance on governments which protect it, is the want of self-reliance. Men have looked away from themselves and at things so long that they have come to esteem what they call the soul's progress, namely the religious, learned and civil institutions, as guard of property, and they deprecate assaults on these, because they feel them to be assaults on property. They measure esteem of each other, by what each has, and not by what each is. But a cultivated man becomes ashamed of his property, ashamed of what he has, out of the new respect for his being. Especially he hates what he has, if he sees that it is accidental—came to him by inheritance, or gift, or crime; then he feels that it is not having; it does not belong to him, has no root in him, and merely lies there, because no revolution or no robber takes it away. But that which a man is, does always by necessity acquire, and what the man acquires is permanent and living property, which does not wait the beck of rulers, or mobs, or revolutions, or fire, or storm, or bankruptcies, but perpetually renews itself wherever the man is put.—*Emerson.*

A perfect gift thy Father gives to thee—
Thyself, with all thy powers. Yet all will be
Imperfect, weak, and in captivity,
Till thou, his child, give all thyself away
To God and to thy brother, day by day.

—*Theodore C. Williams.*

SOCIETY OF SILENT UNITY

"Be still and know that I am God."

INSPIRED BY THE SPIRIT OF TRUTH

The Society of Silent Unity is the Absent Healing Department of the Unity work.

It has members everywhere, and helps them in every need of life.

You can become a member of this Society and receive its help, if you have faith in the power of God.

We will pray to the Father in secret and he will reward you openly. This promise is being daily fulfilled in this work.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you, full measure, heaped up, pressed down and running over."

All letters are confidential.

UNITY SCHOOL of CHRISTIANITY
SILENT UNITY DEPARTMENT
Tenth Street and Tracy Avenue, Kansas City, Mo.

CLASS THOUGHT

January 20 to February 20, 1918
Held daily at 9 p. m.

The old Thoughts are as Waters that are Passed Away and I am a New Creature in Christ Jesus.

PROSPERITY THOUGHT

January 20 to February 20, 1918
Held daily at 12 m.

I Am Renewed in My Consciousness of the Christ Riches.

THOUGHTS FOR DAILY MEDITATION

The following are the texts to be used by the Silent Unity workers at Kansas City, Missouri, in the 10 a. m. Silence from January 16th to February 16th, 1918:

January 16th to February 1st—John 14:1-3: "Let not your heart be troubled; believe in God, believe also in me. In my Father's house are many mansions; if it were not so, I would have told you; for I go to prepare a place for you. And if I go and prepare a place for you, I come again, and will receive you unto myself; that where I am, there ye may be also."

February 1st to February 16th—Rev. 21:6-7: "I am the Alpha and the Omega, the beginning and the end. I will give unto him that is athirst of the fountain of the water of life freely. He that overcometh shall inherit these things; and I will be his God, and he shall be my son."

EXTRACTS FROM LETTERS

These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the Divine Law of Life. There is a point in every paragraph that will help someone.

It is never wise or safe to give one's will over to another person. Give your will up to God only, and see that you do this, not in a negative, ignorant way, but in a positive, understanding way. We expect our patients to make themselves receptive to God, through the Christ within, then we know they will be receptive to the true Word spoken in their behalf.

The will is that within the individual through which he chooses or determines his mode of action. Through the will he says, "I will" or "I will not," according to his understanding of good. It is right to deny one's personal will,

for in this way one puts away selfishness and the limitations of the mortal man, and makes a union with the Divine Will. But to give one's will over to anything less than the Divine Will is to weaken it, and open oneself to all kinds of negative thoughts and conditions. This is one reason we do not favor spiritualism.

The first article in the booklet, "Questions and Answers No. 1," explains our reason for taking the stand that Good is the only reality. It is safe and wise and right to always stand true to the Principle that "There is only One Presence and One Power in the universe, the Good Omnipotent." This, believed in and realized in consciousness, will heal every ill of mind, body and affairs, and lift one up into the Christ consciousness of abiding light, life, love, peace, joy and satisfaction.

* * * * * *

If Jesus had died, in the sense that mortal man dies, his body would have gone to corruption, and he would have lost it in the grave. The salvation which Jesus Christ came to bring to light, to demonstrate and make possible for mankind to attain, includes the body. Jesus had such a *consciousness of life in the body* that the life principle resurrected his body.

Jesus died daily to error and mortal limitations, thus establishing an abiding consciousness of Life as the only reality. The physical suffering of Jesus on the cross was light compared with the mental agony which caused him to sweat great drops of blood in the garden of Gethsemane, and to cry out on the cross, "My God! my God! why hast thou forsaken me!" This was his death to the sense of personality or the limited, mortal consciousness, the only thing that really could die in one who recognized and demonstrated so fully his union with the Father.

* * * * * *

You have thought that through the reading of many books you could find God. What you need, first of all, is spiritual realization. Then you may gain some real knowledge through books, for the Holy Spirit within you will re-

veal to you the truth in them. But much reading along doctrinal lines before one has become consciously unified with his own indwelling Spirit of Truth is very confusing.

You need to look away from the realm of form to the formless, the Absolute—the realm of Divine Ideas. You cannot work from the centers in your body consciousness until you have learned how to handle ideas. True, you need to center your attention within to find Spirit, but do not think so much about a definite location, for every atom of the body is alive with the life, substance and intelligence of Spirit.

Direct your thought within, centering your attention at a point just back of the heart, and think about the omnipresence of God. Say, "Thou only," seeking not a form of any kind, but omnipresent Mind, Intelligence, Love, Life, Substance, Strength and Power. When you come into the realization of this Great Presence and feel within you the quickening love and life, make a union with it by declaring your oneness with it. Then you can begin to take up the different centers in your body through which spiritual ideas express more specifically. The booklet, "Questions and Answers No. 1," gives the location of the centers of consciousness, the name of the disciple they represent and the particular spiritual idea that is brought into expression through each center.

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The reason the Sunday lessons in Unity, and many other Bible texts are not worded exactly as in the King James' Version of the Bible, is because we prefer to use the American Standard Revised Edition of the Bible.

* * * * * *

In getting at the meaning of Proverbs 31:21, it would be well to read the 10th verse of the same chapter. Here we find out to whom the writer refers: "Who can find a virtuous woman? for her price is far above rubies." Spiritually interpreted, the woman here is the soul. The term "virtuous" means not only chaste and pure from a moral standpoint, but refers also to the possessing of those active

qualities of power, strength, potency, efficacy, excellence and merit. One who has, through the light and power of the Spirit developed his soul to the degree that these qualities are in expression in his life, has indeed come into possession of a priceless treasure.

The woman (soul) would not be "afraid of the snow for her household: for all her household are clothed with scarlet" (verse 21). Her "household" are the thoughts and states of consciousness in man, and the "snow" represents hard, cold, crystallized, material thoughts, devoid of the warming, stirring qualities of love and life. She is not afraid of these conditions entering into her active, loving, good-accomplishing household, for all of her thoughts are "clothed with scarlet." Scarlet is the color symbolizing life, and the more abundant Christ life which she is constantly realizing, fills and thrills every avenue of the being of the individual who has found within himself this woman-soul.

May you be abundantly blessed and guided into the full understanding of the Truth that makes free, causing you to know and realize that in Spirit there is no age and no aged conditions, but you are constantly being renewed in mind and body, unto life eternal. "You are the ever-renewing and ever-unfolding expression of Infinite Life and Youth."

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John the Baptist represents the outer or intellectual consciousness in man; Christ, the Spiritual consciousness. Jesus said of John the Baptist that the least in the kingdom of heaven was greater than he, and that John must decrease and the Christ increase. This means that the least of the spiritual thoughts in man is greater than the mightiest reasoning of the intellect. The intellectual concept of things must give way to the understanding that comes through the Holy Spirit.

When the quickening of the Spirit takes place in the consciousness to the extent that the Christ within is realized and felt and known, one depends on the inspiration of the

Spirit, rather than on the reasonings of the intellectual man. Thus we are admonished to "trust in the Lord with all thine heart, and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Prov. 3:5, 6).

There is nothing hidden from man when he learns to look to the Holy Spirit as his understanding, instead of seeking wisdom through outer means. "But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God. Now we have received, not the spirit of the world, but the Spirit which is of God; that we might know the things that are freely given to us of God. But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned. But he that is spiritual discerneth *all* things, yet he himself is discerned of no man. For who hath known the mind of the Lord that he shall instruct him? But we have the mind of Christ."

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The world of error and sense is to be destroyed from off the face of the earth, but we are told the earth "abideth forever." The people of the earth are being educated; it is not God's will to destroy them. Through holding to error many are seemingly being destroyed. However, it is really no worse to die in war than to die of some loathsome and painful disease, as so many are doing everywhere. In due time all will be brought into their Divine birthright of life and peace and health, and the Will of God will be done in the earth (body) as it is in heaven (mind). Please see the booklets, "Truth Demonstrates Itself," and "The Kingdom of Heaven is at Hand."

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We consider our time spent to better advantage in studying the Truth and seeking to live it, helping others to do the same, than in criticizing the doctrine of others. We do not deal with the letter of the word, but see back of all types and ceremonies some spiritual truth. The real Sabbath

is not a day of the week, but a state of mind, as explained in the booklet, "Casting Out Demons." If one is not in the proper state of mind he cannot keep any day holy, and if he is in the consciousness of Spirit he keeps *every day* holy unto the Lord. "The letter killeth, but the Spirit giveth life."

The Sabbath has been explained in our publications, but we would not wish to take it up in connection with the Seventh Day Adventists' teaching, because we do not seek to enter into anything that would seem like a controversy with those of different religious views. We bless all, and leave them to the guidance of the Holy Spirit, helping anyone and everyone as opportunity presents itself.

* * * * * *

"For if ye forgive not men their trespasses neither will your Father forgive your trespasses." All the hateful, unforgiving thoughts that you think toward others find a lodging place in your own consciousness, and bring about your illness and suffering. The stomach, bowels and heart cannot manifest wholeness and harmony when unloving thoughts are treasured in the consciousness. The act of forgiveness is a freeing thought, and you should exercise it for your own good as much as for the good of the one forgiven. When you forgive freely your consciousness is unbound from all limiting thoughts and ideas, and the healing love and life of God in you do their perfect work.

God is not a being or person with form, but God is Spirit—Mind, perfect Ideas of Life, Love, Substance, Intelligence, Power and Truth. These qualities of Spirit cannot find place in your mind and body-consciousness to do their renewing, redeeming work, unless you first let go of the thoughts of the adversary. It is really very foolish to punish oneself just because one is so anxious that another, who has done him a wrong, shall be sufficiently punished. It is like the child in school, who, because he is angry with the teacher, refuses to study his lesson, thinking thereby to get even with the teacher, while all the time he is hurting himself by limiting his education, which he is sent to school to

acquire. You reap as you sow. The good seed brings forth good fruit. "Freely ye would receive, freely give," applies to the law of forgiveness.

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The great uplift which you experienced was due to a quickening of the Spirit, and your whole being was illumined. But you lose nothing when you "come back to earth with a thud," as you mention in your letter. One cannot remain in an exalted state of consciousness until soul and body are lifted up together. One has to go through the overcoming and putting off of the mortal consciousness, hence, the injunction of Jesus Christ to deny self, take up the cross daily and follow him. The cross is that which crucifies one to the limited, personal, self life; that which denies and crosses out error and limitation. Through affirmations of Truth and meditation upon the things of Spirit, the whole being gradually awakens into newness of life. This is the "new birth." Please see the booklet, "Attaining Eternal Life."

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It seems to us that the reason for your disappointment is that you are putting a personal desire before the will of God. The secret of obtaining our heart's desires is to delight ourselves in the Lord. If we do this we find peace, joy, contentment and satisfaction, such as we had not dreamed possible. Any desire that may not be for our happiness and good will drop away from us, while those aspirations which are really born of the Spirit will be fulfilled. We find, too, that what seemed to be purely personal desires, which we have given up willingly for Christ's sake, are later returned to us with all inharmony removed.

As long as you are "heartbroken" and "sad" you are not delighting yourself in the Lord, so how can he give you the desire of your heart? See Psalm 37: 4-5. "Commit thy way unto the Lord." This means to give up your personal will, saying from the heart, "Not my will, but thine be done." This thing that you are so greatly desiring may be the Lord's will for you. We are not saying that it

is not, but in order to bring it about you must take an altogether different attitude of mind regarding it. "Thou shalt have no other gods before me."

We know by experience that personal things of themselves *do not satisfy*. The only true and lasting satisfaction comes through seeking and finding the kingdom of God within one's own mind and heart, then the promise, "and all these things *shall be added* unto you," will be fulfilled.

Unite with us daily in this prayer regarding that which you desire:

"I place myself and all my desires and affairs fully into the hands of the Lord, trusting his infinite love and wisdom to bring about that which is for my highest good. Not my will, Father, but thine be done."

In this way you will loose the tension of the mortal, and the Father's loving will can be made manifest in your life and you may rest assured that his will brings you only good.

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It is quite clear to us that the keynote of your seeming inharmonies, and their continuation, is the attitude of mind you take toward them—the idea that they come from God and are for your good. Read carefully the booklets, "Points for Overcomers No. 1," and "Truth Demonstrates Itself." In doing this, you will discern that since God is *good*, he can send only good to you. All inharmonies, illnesses and lack come not from the loving Father, but from your own unwise and ignorant thinking. Your very belief that they are from God, and are for your good, is a strong factor in keeping them in evidence in your life.

The "Lord" mentioned in the 26th chapter of Isaiah, means the Law. When the inhabitants of the earth come into the understanding that their sorrows, contentions and sufferings are altogether the result of their own wrong thinking and doing—the working out of the law of sowing and reaping (See Gal. 6:7-8)—they will learn righteousness. There is no impetus to change their ways so long as they believe their ills are sent to them by an arbitrary God,

who is just as liable to send them sorrow for doing right and good for doing evil, as otherwise.

With the understanding of the true meaning of the "Lord" in this chapter, and that the judgments and chastening referred to are simply the working out of the law, you can easily discern that to trust in Jehovah is to trust in the Good and give no place, even in thought, to belief in limitation and inharmony.

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Almost everyone who has put away his old ideas of a sky heaven and a personal God, and Savior Jesus Christ (whom Paul said we should henceforth know no more after the flesh, II Cor. 5:16), and has not yet learned to really recognize and rejoice in the presence of his own indwelling Lord, passes through a stage wherein he feels just as Mary did when she found the tomb empty and stood without weeping, saying, "They have taken away my Lord, and I know not where they have laid him" (John 20:13).

Mortal man must relinquish the personal idea of God and Christ, and come to know the Father and Son as they really are—Spirit, a living, creative power and principle within the innermost of one's own being, and pervading the entire universe. Flesh and blood does not reveal this to any man, but the Holy Spirit who searcheth all things, yea the deep things of God, reveals them unto us.

* * * * * *

You need to change your ideas in regard to Jesus and the Father and then the conditions in your life will speedily change. As long as you connect God and Christ with the thought of death and sorrow, just so long will you continue to experience these things. Read carefully the booklets, "Truth Demonstrates Itself," and "Comfort Ye My People," and you will see that the will of God for all his children is not evil, but good. God does not send sickness, poverty and death to people, but the Father of Love and Life wills only joy, understanding, success, health, happiness and abundant supply to all mankind.

When Jesus Christ comes to one, whether in a dream

or vision or into one's consciousness, where he should always be felt and recognized, it is to bring healing, more abundant life, peace and good. Jesus said, "And I, if I be lifted up will draw all men unto me." This means that we must not associate the name of Jesus Christ with death and trouble, but see him as he is—the loving Savior, who comes only to bring more abundant life and joy and wholeness to light. In this way we lift him up from the earth plane, and through associating him in our minds with the true, the pure and the perfect, we are ourselves raised up out of mortal conditions into the realization and demonstration of the health, wisdom, prosperity, peace, joy and satisfaction that we desire, and which is our birthright as children of the living God.

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God, the One, All-Pervading Spirit or Mind, can and will stop the war, but it will be done in and through the people of the earth. The work of righteousness in and through the thoughts, words and acts of mankind shall be peace, and the effect of this righteousness quietness and assurance forever. See Isaiah 32:17.

God is not a being with power, which he can use as a man uses a club, but God is Power. There is only One Power in the Universe and that is God—Good. But in man, who was made in the image and likeness of God, this power is entrusted. If man uses this power, which is God, in destructive ways, who can hinder him from bringing upon himself the inharmonious results?

"Except those days should be shortened there should no flesh be saved; but *for the elect's sake those days shall be shortened.*" "*Ye are the salt of the earth*"—the quality that preserves, keeps it from being destroyed. "*Ye are the light of the world*"—that which will eventually put out all darkness.

The "elect" are those who know and understand and are demonstrating the Truth. They are using their God-given Life, Love, Power, Might, Wisdom, Intelligence and Substance, which is God, in constructive ways. They are working in harmony with the Law of Good, and are not only

bringing forth within themselves a strong healing, illumining, uplifting, redeeming force, but they are, through their daily thoughts, words and acts, sending it out into all the earth. This consciousness of the Absolute Truth is finding a place in every mind and heart that is at all open to the things of Spirit—God. So the Light is spreading; people everywhere are becoming more awakened to the pure, the true and the good, and the very race consciousness is undergoing a change. We are rapidly nearing the time when not only the present war will cease, but "they shall beat their swords into plowshares, and their spears into pruninghooks: nation shall not lift up sword against nation, *neither shall they learn war any more.* But they shall sit every man under his vine and under his fig tree; and none shall make them afraid."—See Micah 4:3-4.

Think more of the power of true thoughts. Speak words of love, peace, life, order and perfection, and unite with us daily in bringing peace into the earth, as suggested on pages 442 to 445 of the May UNITY.

RECOGNIZE TRUTH EVERYWHERE

Wherever you find Truth, no matter how it is clothed, or what name it bears, recognize it and declare it.

Thus will you become a messenger of truth, a lamp of effulgent light—a ray of the Infinite.

A true investigator is one who is free, faithful and fearless.

He is unhampered by rules or formulæ. He is not tied by system or schools, nor can he enter into any schemes, for in all things he is led and guided by the Spirit of Truth—the Light of Reality.

The Christ in Jesus said: "If ye continue in my word then are ye my disciples indeed."

The Word is Life, the Word is Light, the Word is Law. For the Word is the Christ—is God manifest for the guidance of humanity. The word in its outward manifestation, as in its inward significance, is love.—*Washington News Letter.*

THE SIGNS THAT FOLLOW

This deparment is in fulfillment of the promise of Jesus Christ, "These signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; they shall take up serpents; and if they drink any deadly thing it shall not hurt them; they shall lay hands on the sick and they shall recover."—Mark 16:17, 18.

THE PROMISES OF JESUS FULFILLED

The many promises of Jesus the Christ of continued activity in the affairs of men have been the bulwark of Christians for nearly 2,000 years. Yet these promises have not been accepted as fully as they were intended, because men have not had the understanding of Spiritual Law.

When Jesus, in John 14:13, said, "I go unto the Father. And whatsoever ye shall ask in my name, that will I do," he meant that he should enter into spiritual consciousness with his Source, the Father. Then he would have even greater power to help those who love him and keep his commandments. "And I will pray the Father, and he shall give you another Comforter, that he may be with you forever, even the Spirit of Truth. I will not leave you desolate: I come unto you." We now understand how the clarified mind of Jesus made a conjunction with the Creative Mind (the Father) and the Divine Natural (Spirit of Truth), bringing the three into conscious activity in the minds and affairs of all those who join with them through faith, which is the highest form of mind concentration. Jesus' promises of continued help, and increase of spiritual power to his followers, is so positive and convincing that it cannot be ignored by a real Christian. He not only promises all the power to his followers which he had, but even greater power and greater works: "He that believeth on me, the works that I do shall he do also: and greater works than these shall he do; because I go unto the Father" (John 14:13). He knew that when he had made full spiritual unity with the Father

he would have greater power, and be able to give that power to others, in larger degree than when personal consciousness took part of his attention.

Jesus understood the law of spiritual coöperation and made it operative among his followers in this promise: "Again I say unto you, that if two of you shall agree on earth as touching anything that they shall ask, it shall be done for them of my Father which is in heaven. For where two or three are gathered together in my name, there am I in the midst of them" (Matt. 18:19). Then "ask whatsoever ye will in my name and it shall be done unto you."

A body of people, followers of Jesus Christ, and known as the Unity Society, have for many years had a living faith in the promises of Jesus and they have prayed day and night, year in and year out, for the past quarter of a century for the healing of people everywhere who would join with them in faith. That the results fully justify the truth of the law laid down by Jesus, the thousands of testimonials published in Unity Magazine amply prove. That even "greater works" than these are to follow we well know. These few extracts from letters received from the "two or three gathered together" show that "His name" has healing in it fully as potent today as ever in the past:

HEALING

Manistee, Mich.—Mr. M., for whom I asked prayers in July was supposed to be near death from tuberculosis; had every symptom and no one thought he could live more than a few weeks. He was reduced to a hundred and twenty-one pounds. From the hour I wrote you he began to improve and gained so rapidly that he was the wonder of the whole community. Now he weighs one hundred and seventy-two pounds, is working every day, and says he feels as well as he ever did. There is much rejoicing and praising God in that household.—*Mrs. A. H. B.*

Pasadena, Cal.—I am fifteen years old. From the time I was three days old until the thirteenth year of my life my bowels had to be moved by artificial means. After my mother had studied Unity she began to pray for me and relief came at once. After the first three months I took no medicines, and the hours of pain were ended for me. The

words used may help another: "Divine activity is omnipresent and I recognize it in every cell of my bowels. The perfect, free-flowing life of Spirit is doing its perfect work eternally and I do not doubt it now." By this word I was also healed of a throat affection.—*E. M. B.*

Arcata, Cal.—I thank you for the wonderful help for my ankle. When I went to the hospital the doctor said I would have to stay at least three weeks. I improved so wonderfully that on the morning of the tenth day the doctor, after examining the injury, said there was no reason why I could not go that day. It was wonderful to him how quickly I recovered, because he was sure it was a compound fracture and would take months to heal perfectly.—*Mrs. S. R.*

Berkeley, Cal.—I feel that my feet are well, so will not need your prayers any longer. For thirty-five years I have suffered with my feet. I have been to the best specialists in the country and have been relieved for only a short time, so you will understand how thankful and joyful I am to walk without pain.—*E. I. G.*

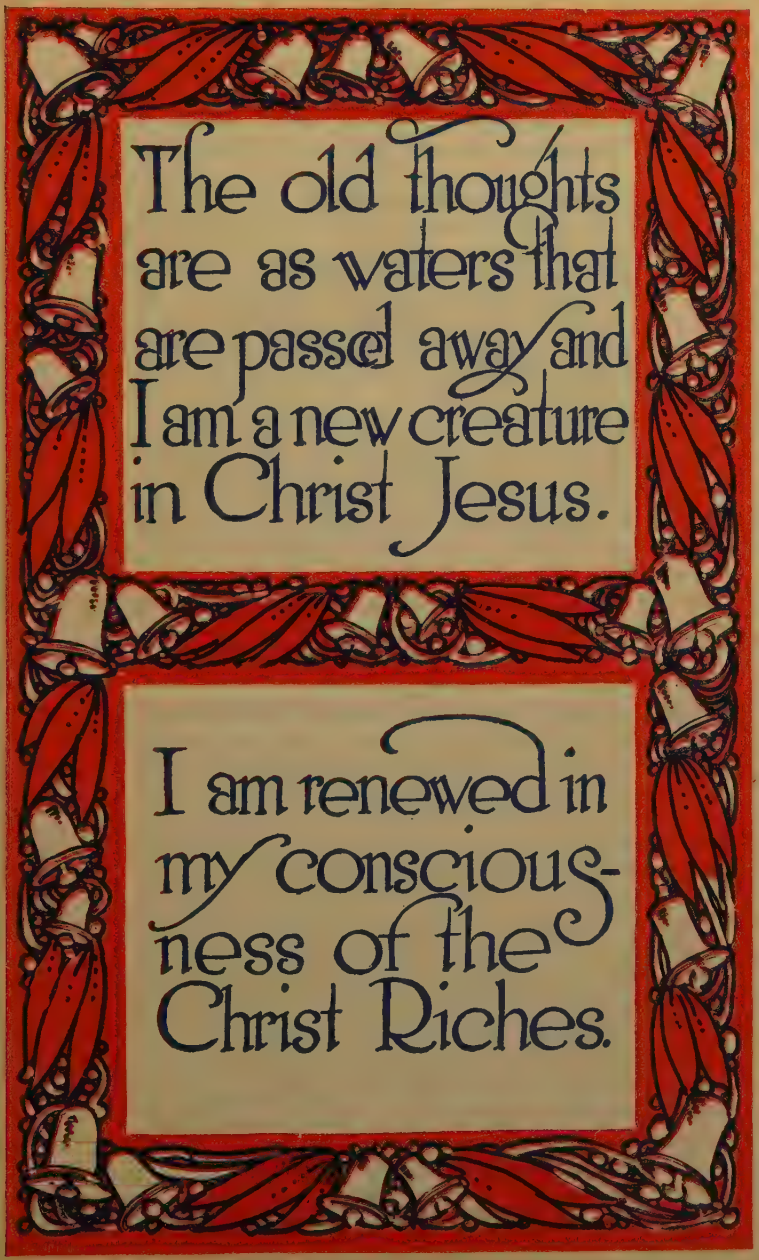
Seattle, Wash.—Mrs. B. was healed almost instantaneously of a tumor which she had been carrying in her mind and body for about four years.—*S. L. F.*

London S. W., England—My daughter and her husband had no ill effects from the mad dog's bite. Thank God from whom all blessings flow. It is with gratitude that I send this report.—*Mrs. M. T.*

Parsons, Kans.—My wife had a very serious operation and lay at the point of death for eight weeks, no one expecting her to leave the hospital. We finally took her home, and hearing of Unity, called for a healer who came out. The next day my wife was better, and today is practically well. At the same time I was out of work and heavily in debt, which I mentioned to the healer. I did as she directed and am glad to say that my business has increased ever since. Since taking up Unity the world seems different, and things look very bright. Kindly publish this acknowledgment of God's blessings.—*C. R. P.*

Idaho Springs, Colo—I have been doing very hard work for a week without the use of my truss. Your work in coöperation with the Father is wonderful. It is the first time I have been without a truss for eleven years. My little boy, who was deemed incurable with epilepsy, has been healed.—*R. E. B.*

Glens Falls, N. Y.—Last spring I was taken quite sick, and the doctor said I had appendicitis and would have


The old thoughts are as waters that are passed away and I am a new creature in Christ Jesus.
I am renewed in my consciousness of the Christ Riches.

to be operated upon. I wrote you for prayers and after a few weeks began to get better, and now, thank God, I am entirely well. I also wrote in regard to my husband's cough that had bothered him for years, and now he does not cough at all.—*Mrs. A. M. R.*

Sultan, Wash.—My grandson had partly dislocated his neck, and was suffering with such intense pain in throat and head that he could not swallow even water nor turn over in bed. I wrote you for prayers and praised God, and in less than two hours he could drink and eat, and the next day was completely healed.—*Mrs. M. W.*

New Florence, Pa.—A few days ago I wrote you for prayers for my baby, who had a bad case of bowel trouble. He is entirely healed.—*Mrs. R. E.*

Oblong, Ill.—When I wrote you about Mr. M. he was so bad with rheumatism that he could not walk across the house. In less than three weeks he was out working, and says he cannot tell he ever was bothered with rheumatism.—*E. B. McM.*

Melones, Cal.—Mrs. M., for whom you have spoken the Word, is still improving. Her hearing was restored two hours after I sent you the telegram, and the appearance of fever is gone.—*Mrs. D. A.*

Los Angeles, Cal.—My husband apparently had not many hours to live when I sent you the telegram, but the answer was swift and sure. It was almost as if God said, "Take up thy bed and walk."—*Mrs. G. S.*

Route 1, Lake Bay, Wash.—If any reader wants to hear from one who has been relieved of hay fever and asthma, and deafness of 12 years' standing they may write me. I also had severe nervous headaches, taking tablets for them continually.—*Mrs. M. Petrie.*

Lynn Haven, Fla.—I thank you for the blessings received through reading your literature. I had a fall which broke both arms and wrists and injured my back. One morning I asked God to remove the pain, as I could hardly endure it. I have had no pain since and have been helped in many other ways. My husband is entirely healed of a rupture of several years' standing.—*Mrs. G. W. B.*

San Francisco, Cal.—I was troubled with severe pains in the region of the heart, and through your prayers and speaking the word which you sent me the pains have entirely disappeared.—*Mrs. K. R.*

White Bluff, Tenn.—My little girl had all the appearance of a rising in her head, with a high fever, last night.

I had her repeat your health words and this morning she is perfectly all right. Her first words this morning were, "Mamma, God did heal me, didn't he?"—*Mrs. A. R.*

Luling, Texas—My baby is entirely healed of constipation, for which I thank and praise God.—*Mrs. J. S. M.*

Grand Rapids, Mich.—I am rejoicing in the healing of the ulcers on my leg and arm. I had had them for a year. When I wrote I also had a sore of long standing in my mouth, which healed up in a few days.—*P. G. B.*

Henderson, Tenn.—I wired for prayers for M., for what I thought was membranous croup. When I telegraphed it did not seem she could live an hour, but by night she was better and the next afternoon she was up and playing.—*Mrs. S. B. M.*

Redwood City, Cal.—I wrote for prayers for my little boy for earache and sore throat, and he has been all right since, after having been in bed or confined to the house for a week. One night his sister developed the same thing, but as she knows a little of the Truth from Wee Wisdom, which she held to with the best of her knowledge, the abscess broke in her ear the same night, and she is now in better health and spirits than for a long time.—*J. C.*

Dallas, Texas—I suffered from kidney and bladder trouble for years, but now am almost restored to perfect health. My house which was vacant has been rented, and I feel the assurance that it will soon be sold.—*Mrs. C. E. C.*

Vancouver, B. C.—We received your prayers for mother, who was expected to pass out at any time, and she is now improving wonderfully. Through this, and my being healed of nervous prostration and constipation of about fifteen years' standing, many are coming into the Truth.—*Mrs. H. F. G.*

Berkeley, Cal.—My little son's eyes have not troubled him since our prayers with you.—*Mrs. M. E. C.*

Portland, Ore.—After you began praying for my niece, the fever, which was very high, left her and she was restored to perfect health almost immediately. It was wonderful.—*Mrs. E. J. B.*

Santa Barbara, Cal.—I am enjoying such freedom from pain in my teeth and face. I am so well that I do not seem the same person. I am happy that my mother turned to you for guidance. She is freer from worry than I have ever seen her.—*A. M. H.*

New Brunswick, N. J.—I am offering praise and thanksgiving to God and you for the healing of rupture.

After reading your second letter, I lost all fear thoughts, and the lump gradually disappeared.—*R. C.*

Hastings, Neb.—I wrote for prayers for serious stomach trouble and a few hours later was relieved. It was a beautiful demonstration of God's healing love.—*Mrs. J. B.*

Alameda, Cal.—You may discontinue prayers for my teeth. I have healed the ache many times by holding to the one Spirit life and substance, knowing that it could not ache. —*Mrs. A. S. W.*

St. Louis, Mo.—My father-in-law, for whom I asked your prayers, is now up and doing splendidly, notwithstanding that the doctors said he had cancer of the stomach and could last but a little while.—*B. T.*

Duluth, Minn.—My eyes are cured after wearing glasses eight years, and my health is much improved.—*Mrs. G. F.*

Madison, Wis.—I was suffering from an infected tooth, but as soon as you received my wire all pain ceased. It is wonderful how quickly I was helped.—*Mrs. H. H. B.*

Lexington, Ky.—Thanks be to God, I was healed through you of headache, in thirty minutes after sending the telegram.—*W. W. S.*

Billings, Mont.—About two months ago we asked prayers for our baby, who had been constipated since birth. On receiving your letter we did exactly as you said, and of course stopped using medicines. We are thankful that she is well, strong and happy. The benefit was noticeable at once. We thank you for your prayers for not only was the baby helped, but both her father and myself.—*Mr. and Mrs. L. T. B.*

Oakland, Cal.—I wrote you for prayers for deafness in my right ear, and I thank God and you that my hearing is now perfect.—*Mrs. S. N.*

San Jose, Cal.—I wrote you last winter for prayers for my mother, and she said it was the first time in nearly twenty years that she had not coughed, especially at night.—*V. McC.*

Lake City, Fla.—I asked your prayers for a cold. After writing I was relieved and rested all night. I am praising God for his blessings.—*Mrs. F. C. P.*

Oklahoma City, Okla.—Last Friday noon M. came home from school with a sprained and badly swollen ankle and arch. She was crying with pain. I wired you immediately, and soon the pain became less severe. The next morning there was very little soreness and no swelling.

Monday morning her foot was as good as ever.—*Mrs. E. G.*

St. Louis, Mo.—I wrote for your prayers for bladder trouble, and have been greatly improved ever since writing you.—*Mrs. O. O. T.*

Girard, Kans.—I asked prayers for my son for hearing, and he can now hear almost as well as he ever did.—*Mrs. F. E.*

Cordova, Ala—I wrote you for prayers for my daughter L., whose mind was bad, and again I wrote last year for help for my daughter M., whose mind was like a horrible dream. They are now well and are teaching music.—*Mrs. F. E. B.*

Indianapolis, Ind.—I sent you a wire Thursday night for my baby whose throat was affected, and who was dreadfully hoarse. Next morning he was greatly improved and is now entirely well.—*Mrs. J. F. A.*

Pitkin, Colo.—I am always well enough to work, and never have a cold nor headache. I used to have the latter from once to twice a week, sometimes for days at a time, when I could do nothing but lie in bed. It has been five years since I had a headache and it is all due to the Christ healing. I do not get angry nor gossip any more, and am glad when others are blessed.—*Mrs. A. E. Van H.*

Hamilton, Ontario, Canada—I feel that your instructions about holding to mother too much in a personal, fearful way reached me in Spirit, for I have a consciousness that she is being healed by her own indwelling Lord. There is a wonderful improvement in her and everyone notices it. Her stomach is manifesting strength and is assimilating nourishment.—*J. B. K.*

Granite Falls, Wis.—I have a large pet cat who is so much admired that I placed him on exhibition this fall at a fair. He had always been free and seemed to grieve at being obliged to stay on exhibition. In a few days films began growing from the corners of his eyes. They were nearly over the sight of his eyes when I took my troubles to God, just as I would for myself, and almost instantly the films ceased growing and in a few days were almost entirely gone.—*Mrs. A. A. F.*

Danville, Pa.—I wrote you for prayers for my wife, who was suffering with rheumatism. Am pleased to say she is now quite well.—*J. W. J.*

Woodburn, Ore.—You may discontinue prayers for E., for she is well. When I wrote you she was crying with headache, and was so sick. Weekly Unity came in the

mail, and I took it to her bed and repeated affirmations. She quit crying and was soon up and dressed and has had no trouble since.—*C. M.*

PROSPERITY

El Paso, Texas—I wrote you for prosperity prayers for my husband, as he was in need of money to save property that he had been years acquiring. On the last day he had the money and his property was saved. His business began to improve, and has improved steadily. Shortly afterwards a suit was brought against him, resulting in his acquittal, but the publicity given the matter brought him into touch with just the men he wished, and so the suit proved to be the best thing that ever happened to him.—*Mrs. R. E.*

Vallejo, Cal.—Your prayers have been answered, although not in the way I had looked for. I feel that I am beginning to see the remarkable change which has occurred in my affairs, both spiritually and financially. I realize that the change that is not seen is the more important one.—*H. D. K.*

New York, N. Y.—When I first wrote you, our business was steadily decreasing and debts increasing, and health and strength diminishing. The future looked dark, but almost immediately the most wonderful things began to happen. The business was given up in the faith that there was something better, and a good business proposition came to us, that we never could have had until the other was given up. Now we are paying everyone and feel again that we are successful business people.—*Mrs. C. A. H. R.*

Rochester, N. Y.—The Prosperity Bank has been an inspiration. A couple of times when I had no money, and was miles from home, I repeated the prayer of affirmation and received aid from the most unexpected sources.—*A. H.*

Berkeley, Cal.—I have been greatly prospered in being able to meet bills for repairs on the house. I asked for pupils and they came almost immediately.—*E. I. H.*

Louisburg, N. C.—The Divine Power is opening the way for me to pay my debts. A few days ago I had a notice for taxes, and did not have a penny, nor could I see a way to get it. I put all worry out of my mind and prayed, and then went about my work just as if I had paid the money, and in a few days I received a check for a birthday present. I give thanks, for I know it was God who prospered me. I am also cured of constipation.—*Mrs. J. S. L.*

Battle Creek, Mich.—Some months ago I wrote you

regarding my financial affairs. They have cleared up splendidly and are rapidly assuming a firm and solid basis.—*A. L. S.*

Trenton, N. J.—I asked your prayers in regard to a position and I received, not only the consideration of one, but two positions, for which I am so grateful.—*M. E. McD.*

Ashburnum, Peterboro, Canada—A few weeks ago I wrote for prayers to aid me in securing better surroundings. Two days after I wrote I was able to secure a nice home, and several unlooked for blessings happened, and I am sincerely grateful.—*M. G.*

Pittsburgh, Pa.—At the time I wrote you, obstructions of all kinds seemed to cloud my supply; but, thanks to God and your prayers, all my needs have been met. Money and all good things have come to me from the most unexpected sources until it almost seemed more than I could comprehend. How grateful I am to God for the blessed light of Truth! What a world of good comes to us when we are grateful for our blessings and see and acknowldege them.—*M. B.*

Riggins, Idaho—I wrote for prayers in financial affairs, and obtained a position three days after. Later I received several offers and am now teaching. I cannot thank you enough.—*F. C.*

Prescott, Ariz.—I am so pleased to say that I have been greatly prospered the last few weeks. I have had all the work I could do, and I feel that all things are working together for good. May the whole world soon know of God's great goodness to us all.—*A. B. T.*

Belmar, N. J.—We have been working for the past month, which work we received after you sent us the Prosperity Bank, and began praying for us. Since studying Unity I am a different woman. I am relieved of the rheumatism, and success crowns all our efforts.—*Mrs. A. S.*

St. Louis, Mo.—My daughter has obtained a permanent position to teach, and I am sure you will rejoice with me in this wonderfully quick demonstration.—*T. J. K.*

New York, N. Y.—I received your little Bank and have been prospering ever since. Am happy and contented and can do my work quicker and better. My health is improving so rapidly. My middle finger was so bad I could not use it to do anything, but after affirming, "God the Good is all there is," I went about my work, and in two hours my finger was healed, for I have not felt the pain since.—*Mrs. B. S.*

San Francisco, Cal.—Several months ago I wrote for prayers that I might be returned to my old position. I was reinstated the first of September, and I am so grateful.—*M. C. K.*

Los Angeles, Cal.—Your prayers for prosperity have been wonderfully felt by the family. My husband has a permanent position, and we have had many wonderful demonstrations financially.—*Mrs. U. S. P.*

Harrison, Ark.—Your prayers were answered. I secured employment, and my health and strength were equal to the performance of the duties assigned me.—*Mrs. D. B.*

Redlands, Cal.—I wrote you for prosperity prayers and soon after had a marked demonstration, receiving a sum of money from a most unexpected source, which enabled me to pay a debt I was most anxious to meet. The finger nail about which I wrote is growing on again in a perfectly normal way, and what looked like a rough, thick, ugly nail is now developing into a smooth, perfect finger nail.—*Mrs. H. E.*

Denver, Colo.—I cannot begin to tell you how much prosperity we have enjoyed since being under your ministry. My husband was asked to accept a position that he did not know was open, and now he receives more in a week than he did per month this time last year. We are in better health also.—*Mrs. K. L. S.*

Oakland, Cal.—Just a week ago I wrote you for prayers on account of financial difficulties, but the very next day my husband settled some business which met the need. Before writing supplies had seemed very scarce, but since then our basement and coal bin have been filled. Everything is running along smoothly and I am very happy and thankful to God.—*Mrs. E. H. M.*

Los Angeles, Cal.—Things began to look better the day I wrote you and a short time after we sold a small piece of property, and realized a nice sum.—*Mrs. C. M. A.*

Fort Moody, B. C.—Since taking up the Prosperity prayers it is just marvelous the way things are coming about —money coming in from all quarters.—*Miss F. M. C.*

Bergen, N. Y.—We sold our house for a good price, and paid our debt. Thank God.—*Mrs. L. S.*

Fairview, Okla—Since writing for the Prosperity Bank I have been very successful in receiving money. My aunt, who sent for a bank when I did, sold her house for the sum desired, just five days after receiving the bank.—*Mrs. C. H.*

Mountain Park, Okla.—I asked prayers for my son who was out of work, and this morning I received a letter saying that he has a position.—*J. P.*

Washington, D. C.—My rooms have been filled since I wrote for prayers for prosperity.—*A. E. C.*

Fresno, Cal.—We had a wonderful demonstration in selling our little home. My husband had become discouraged and said he did not believe we could get enough cash to make the payment coming due on the place, but I knew the All-Wise Father would care for us. Just a day before the payment came due, a lady with whom we were not acqainted called us on the telephone, and bought our place by trading us a little house and lot, which was just what we wanted, paying the rest in cash, which tided us over.—*Mrs. F. S.*

PROTECTION

Paris, France—I wish to thank you most heartily for all the good you have done for me. My health has improved wonderfully, and I have gained fifteen or twenty pounds in weight. Also, while at sea I was not one bit worried, although we were attacked twice. I felt as safe as if I were at home. I have also been promoted. I am satisfied that all these things have come to pass because of your ministry.—*S. J. L.*

Ballow, Wash.—I have been taking Unity, both weekly and monthly for a year, and cannot tell you how much they have helped me. We have healed our baby of many things, and by blessing him every morning, telling him he is God's perfect child, he does not get hurt. The other day he was playing by a window held open by a stick, and pushed the stick out. The window came down full force across his little hand, but it never even left a mark.—*Mrs. S. M. D.*

Fulton, N. Y.—Some time ago a friend wrote, at my request, for prayers for my two sons in France. They have just finished their work as ambulance drivers and write that while shells were falling all around they were kept safe from injury.—*Mrs. E. J. P.*

HELPED BY UNITY LITERATURE

Watertown, N. Y.—I find "Trusting and Resting" the most beautiful and helpful thought—a gem.—*Mrs. E. M. K.*

Portland, Ore.—I never found a Weekly Unity so brimful of good things as the one of November 3, 1917. I had the appearance of "stuffy head" and cough, but for some reason had not sent the letter I had written you, when in came Weekly Unity with all the necessary information to start me in the right path.—*Mrs. B. W. A.*

Battle Creek, Mich.—I wish to thank you for the good I have received through Unity literature. Health has been restored in my family, and an operation avoided, through faith in the All-Providing Substance.—*Mrs. S. T.*

New York, N. Y.—Your November Unity Magazine is perfectly fine. It is concise, plain and to the point, easy for the beginner to understand and just right for those who are not new to the doctrine. I do not mean to set myself up as authority, but I have followed this line of thought through various so-called cults, and I find your teachings so easy to understand, and so far-reaching, that I feel I must tell you about it. It is gratifying to me to be able to reach my friends and relatives through giving them the literature needed, and they in turn interest their friends, so calculate for yourself the immense good you are doing.—*Mrs. J. D.*

Detroit, Mich.—The books, "Lessons in Truth" and "Christian Healing," mean more to me than the best meals ever set before me. Their contents were more than a meal—they were a feast to a starved soul, who needed God so badly. I had practically lost my mind, and had the idea of hereditary insanity to contend with. I knew I had worried myself into the condition, and I found my way back through practicing the presence of God every minute. It is a grand privilege to be counted one of the Father's servants in this great work. It makes one feel like he was "walking on air," the uplift is so wonderful. Unity surely is a wonderful blessing—God's comforter to many.—*B. J. G.*

Norton, Va.—I enjoy the Unity Magazine and as I review my life for the last three years, since I have known you, I cannot help feeling that it has been altogether richer, fuller and happier.—*Mrs. G. D. K.*

Salt Lake City, Utah—I gladly send my mite, the price of a brick, and would be truly happy to send the price of one hundred bricks if I could, and that would be small in comparison to the good we have received through your grand and noble services in the last year. My husband still works at the same place, and I am happy to say I am still growing step by step in Truth. I feel truly grateful to God and to you for the radiant light I am receiving each day; yes, I

mean each hour, for I have surely found the truth which makes us free, which brings peace, happiness and love. I pass my books on to others so that they may find the lighted path.—*Mrs. E. T.*

Vancouver, B. C.—I wish to express my appreciation of your teaching. The Bible, always more or less treasured by me, seems in the light of your comments and interpretations like a new book—a new revelation of infinitely more value than ever it was before becoming acquainted with your writings. Words fail to convey the pleasure and profit I experienced in reading the article, "Holy Ghost—Holy Spirit." The whole of the August issue is most helpful. —*G. T.*

Otter Brook, Nova Scotia, Canada—I have received much inspiration from reading the September UNITY.—*Miss L. McL.*

Washington, D. C.—I love the *Weekly* and monthly UNITY. One cannot help discerning the universality of its teaching, seeing Good in all, but refusing all circumscribed ideas of God. "Crowned by Law," by Edna Carter in September UNITY is exceptionally fine. Your article on "Spiritualism" has been very helpful to me, and I thank you for it.—*Mrs. B. E. K.*

Dunn, N. C.—The Lord bless thee and thy works is my prayer. I am being wonderfully blessed of the Lord. I love Unity. I have been taking UNITY magazine for about two years and how I have been helped in learning Truth. I praise God and bless Unity for what it has been to me. I have also been wonderfully prospered.—*J. R. B.*

Gary, Ind.—UNITY has been the wonderful uplift-ment of my whole family. Life has taken on an entirely different turn through the understanding of Truth. My husband used to scoff at religion, and now we never get through talking of this wonderful spiritual understanding that has come to us.—*Mrs. W. G. G.*

Oakland, Cal.—It has been nearly five years since we received our first Unity Magazine, since when its teachings have been of inestimable value to us. During this time your ministry has brought joy and peace, and such an unlimited amount of good into our lives. You have spoken the Word of Truth which has eradicated sickness from my loved ones. Your ministry saved my life after an automobile accident; has brought freedom from debt and from worry, and yet we feel we have touched only the outer edge of the good which is awaiting us, and all who seek.—*E. R. E.*

Blaine, Wash.—For some time I have been reading Unity Magazine and know that through its teachings I have found my haven of rest. Where before was unrest and fear and a general dissatisfaction of life, today I find rest and peace and joy—looking forward to the unfolding of the treasure house of God.—*Mrs. E. W. M.*

Tampa, Fla.—Thank God for the Truth set forth in Unity Magazine. The October number has been a great aid; the outside page, "Instant in Prayer," especially so. —*E. J. M.*

Yamhill, Ore.—It has been over two years since we took up the study of Unity. At that time we were in such financial difficulties that we could not see our way out, but thanks to the Truth we have been able to meet our obligations. It is simply wonderful the ways that have been provided, and I am more convinced every day of God's willingness to help us if we only know how to ask. At the time I took up Unity's teaching I had uterine trouble. I was hardly able to do my work and could only walk a short distance. I commenced to declare the Truth for myself, holding the thought that all the organs of my body were doing their perfect work. The result was that the inflammation subsided, my back grew strong and for a year and a half I have worked out of doors, sometimes taking the place of a man in the field, and sometimes walking ten miles without inconvenience.—*A. L. L.*

Ngaere, Taranaki, New Zealand—I thank you for the help you are to me. Life is easier for me in many ways and I am gaining confidence. I am much helped in my reading of Charles Fillmore's "Christian Healing." I take the daily affirmations and am making a study of the lessons. I also received much help from "Miscellaneous Writings," by H. Emilie Cady. Life is altogether brighter since I first started to study Unity and I feel grateful to God for the first books that came to my notice.—*J. B. T.*

Grass Valley, Cal.—It affords us much joy to receive your letters, booklets, etc., with marked paragraphs, and the beautiful meditations which fit into our needs, or accomplishments and blessings. You will be glad to know that the Spirit enters our home in new measure each time your messages arrive, and we thank our Father for new signs of prosperity. We live the simple life here in a pine forest of the Sierra Nevada Mountains, and I learn many beautiful lessons from universal life. The little squirrels teach me fearlessness and grace, as they leap from limb to limb. The

little flowers at the foot of the same tree tell me to keep my face ever upturned to the sunlight of the Father's love that we miss not some rare blessing. The woodpecker, ever pecking away and climbing upward in faith that the provender is there, teaches faith undaunted. Blessed, indeed, is the life of the overcomer. Your messages are so full of the Spirit of all-pervading Love. Peace is within your walls and prosperity lingers always at your gate, while Love Divine broods over all.—G. *W.*

Springfield, Mo.—My rejoicing is not so much in results obtained in my study as in knowing the law, like the student in mathematics, who does not wait until he has solved the problem to rejoice, but his heart is filled with joy when he understands the principle.—*R. B.*

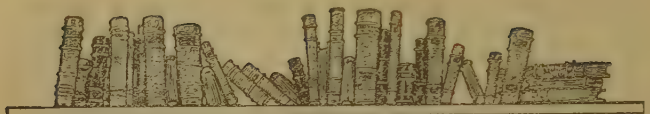
Terre Haute, Ind.—I have stood in the pulpit and tried to preach sermons from the words, "Christ, the resurrection and the life," as spoken by our Savior, Jesus Christ. But I can truthfully say that I never did get the true meaning of Christ's words until I became a student of Unity publications. I am now praising God for the great light of Truth, which has come into my spirit, soul and body through the study of your publications, for now I understand and know that Christ is my resurrection and my life. Christ is the resurrection of my own real self, and is today working great things within me. I praise God for the booklets by H. Emilie Cady entitled, "Finding the Christ in Ourselves," "All Sufficiency in All Things," and for "Lessons in Truth." The two lessons, "Denials" and "Affirmations," have proved to me great things that I have so long desired to know. I now know that there is no life apart from Christ, and only in him do I live and move and have my being. I know that God made man in his own image and likeness. With the passing of the old year I rejoice that old thoughts and old beliefs are passing away and all things have become new. I now have a new heaven and a new earth, and this whole world is newly inhabited to me, for I can understand that all people everywhere are brothers and sisters with one Father-Mother-God. Knowing this to be the Truth I can love my neighbor, for to hate anyone would be to hate God and my Real Self. I am also glad to know that all real life is God, and that it cannot be measured by length of days, months and years. God's great supply of life is unlimited. To know God aright is to put on immortality here and now. Truth has taught me that no one can count on getting to a place called "heaven" through what is called death or the

grave, for heaven is not gained only through dying to sin. This is the only death Jesus taught. When he sent his disciples forth he commanded them to raise the dead, that is, awaken people out of their sinfulness or ignorance of mind into the knowledge of their own indwelling Christ.—*E. L. G.*

Los Angeles, Cal.—The way grows brighter day by day. For years upon awakening in the morning I have taken an hour for prayer and meditation. Oh! glorious hours! Tongue could not express nor pen write what they have been to me. When darkness has seemed to cloud the hour—light has been given and love poured an abundant stream into my life. My life, viewed from the external, has not been an easy one, but I am thankful for every thorn that has pierced my sensitive nature, for they have been blessings and means of growth. It is my prayer that the healing power in me be increased, and that I may speak the Word of wisdom and comfort to the sorrowing ones that come for help. I am loving you always, and praying that added power and light be given you.—*S. J. S.*

London, England—Our times of Silence remind me of the evenings in the tropics, when the birds fly past from the fields in which they have feasted and enjoyed themselves all day, to the trees in which they take lodgment for the night. There is at first quite a tumult—such chattering—as if each bird wished the other to hear of his grand doings and feastings! Gradually the silence steals over them and they tuck their heads under their wings and are at rest. So with us, when we gather together our thoughts and bring them in from the fields of various activities. First, there is the rush of events—all thoughts wishing for a separate hearing, but gradually the "still small voice" gains the mastery and "all the birds are still." The thoughts are at rest under His wings, and we are refreshing ourselves with more strength, more power, more love for the further expression of our Godhood.—*F. W.*

Occasionally the Silent Unity Society receives appeals for spiritual help from people who do not care to sign their names. We wish to assure you that your appeal is not in vain, and we faithfully speak the word of healing for you. The Father knows your name and your need and through us, a centralized spiritual power in the world, he will bring it to pass. "It is not the will of your Father, who is in heaven, that one of these little ones should perish."



PUBLISHERS' DEPARTMENT

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ALL SUBSCRIPTIONS PAYABLE IN ADVANCE

TO UNITY SUBSCRIBERS

Favor will be conferred upon the publishing department of the Unity School if each subscriber, when renewing his subscription, will copy his name and address exactly as it appears on the mailing wrapper in which the last issue of UNITY was received.

Please notice the color of the magazine wrapper. A pink one indicates the expiration of your subscription.

A mark around this notice shows that your subscription expired last month. Promptness in renewing will be gladly appreciated.

For the convenience of our subscribers, we would suggest that when the blue mark or pink wrapper is noticed you tear off that part of the wrapper upon which your name and address appears, inclose it with your renewal and mail it to us. We will understand that it is your renewal.

THE UNITY SCHOOL OF PRACTICAL CHRISTIANITY

The local school of this Society is growing rapidly. Classes are reciting and listening to lectures from morning until late at night. Every branch of the science of mind is taught, and students are fitted for the ministry of Jesus Christ in every branch of the doctrine, from the simple healing of bodily ills to regeneration.

Our interpretation of the doctrine of Jesus is deeper and broader than that of orthodox Christianity and there is no institution on earth that gives as thorough a theological training as the Unity School. Where will you find a school of divinity that will instruct you in healing your body, cleansing your mind and at the same time reveal to you the broad principles of Divine Creation?

We accept and explain all the fundamental doctrines of Christianity. We believe that Jesus overcame death on the cross and that he is with us in his redeemed body, just as he promised; but which his disciples, and most of his followers, have doubted.

Students who cannot come here for instruction will find our Correspondence Course a good substitute. The Primary Course has six lessons and the Advanced Course twelve.

At least one year's reading of our printed literature, like "Lessons in Truth," and "Christian Healing," should precede the taking up of the Correspondence Course.

UNITY BUILDING BRICKS

Join with us in a brick in the New Unity Building. We need your financial and spiritual coöperation, and you need the invisible union in Spirit which your substance identification with us will give.

Fine lines of force unite all forms of substance and everyone is connected and in a measure held by the things in which he is interested. Interest yourself in a spiritual

enterprise and you open a channel for spiritual forces to flow into your life and all its affairs.

When your name goes into a Unity Brick you are identified with us in substance and you will henceforth take a livelier interest in the new kingdom which the Lord is setting up in the earth.

Unity Bricks are $1.00 each.

THE SILENT SEVENTY

The world is full of good people who want to help humanity, yet are so engrossed in making a living that they do not see how they can give up everything else and devote their whole time to philanthropy. But these people are always doing good and all they need is a systematic application of their leisure to make them fully as effective in the Lord's work as the most beloved disciples.

"And the seventy returned with joy, saying, Lord, even the demons are subject unto us in thy name. And he said unto them, I beheld Satan fallen as lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy: and nothing shall in any wise hurt you. Nevertheless in this rejoice not, that the spirits are subject unto you: but rejoice that your names are written in heaven" (Luke 10:17).

Here is authority and power for the Silent Seventy, which includes all people who devote time and money to the furtherance of God's work among men yet are not known to the world as disciples or public Christian workers.

It is to this great army of silent and unknown sustainers of the literature of Unity that we are enabled to distribute it without money and without price. They not only give you booklets and tracts gratis, but they often pay for them out of their own pockets. Let us then give thanks to the Silent Seventy for the quiet and obedient exercise of that power of the Spirit which the Lord gives to those who do his work without the recognition or applause of men.

IMPORTANT NOTICE TO SUBSCRIBERS

At the expiration of your subscription to Unity Magazine please renew at once. When a yellow blank is found under this notice, it means that your subscription expired last month. If the blank is placed in this issue your renewal should reach us before the 5th of February to avoid missing the next number. Use money order if possible; but bills or two-cent stamps may be sent at our risk.

TO FURTHER THE SPIRIT OF UNITY

Many requests for the names of our subscribers in various places are coming to us, the object of the writers being to get acquainted with others of like thought. It is a rule among publishers not to give out the names of subscribers, because people do not like to be intruded upon. However, those of the same spiritual thought are often strengthened by coming in touch with one another, and for this reason we desire to help make such acquaintances. We will not give the names of our subscribers, but instead will publish the names of those who have written us for lists. We cannot grant the privilege to everybody, but to those only who we have reason to believe are sincere seekers for Truth. The following would like to meet Unity people in their vicinity:

J. B. Cheek, 411 Main St., Ft. Worth, Texas.

Mrs. L. D. Woodbury, P. O. Box 333, Orleans, Vt.

Hazel Salter, 914 6th St., Menomonie, Wis.

Mrs. E. N. Rodger, 1301 Columbia St., Hood River, Oregon.

Mrs. F. P. Jones, 420 Newberry Blvd., Milwaukee, Wisconsin.

Mrs. Benjamin A. Metcalfe, 13 Genesee Court, Utica, N. Y.

Miss Laura Conner, Waynetown, Ind.

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Mrs. M. LeRette, 1646 S. Cemmaron St., Los Angeles, Cal.

Mrs. F. E. McGregor 438½ S. Evergreen Ave., Los Angeles, Cal.

Mrs. Julia Newman, 12954 Clifton Road, Lakewood, Ohio. Phone, Marlow 3433-J.

Mrs. J. W. Burleigh, Crawford, Neb.

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Mrs. N. E. Derby, Room 205, Stokes Building, Watertown, S. Dak.

Francis L. Brown, 128 West G. St., San Diego, Cal.

Mrs. Fred Benway, 17 Van Velson, Schenectady, New York.

Hattie G. Hall (colored), 79 Old Broadway, New York, N. Y.

FOR FOREIGN SUBSCRIBERS

We quite often have requests from subscribers living in Australia, South Africa, and other far distant countries, that the Silent Unity "Class Thought" and "Prosperity Thought" be given in Unity Magazine for one month in advance. In response to such requests we give below the thought that will appear in February Unity Magazine:

CLASS THOUGHT

February 20 to March 20, 1918
Held daily at 9 p. m.

The Christ word is now here casting out sin and healing the sick.

PROSPERITY THOUGHT

February 20 to March 20, 1918
Held daily at 12 m.

I am now conscious of the Christ abundance heaped up, pressed down and running over.

Notice is hereby given that our offer of three months' trial subscriptions to *Unity Magazine* or *Weekly Unity* is withdrawn. Three months' subscription will be 25 cents hereafter. This change was made necessary by a postoffice ruling which provides that no subscription obtained at a rate of less than 50 per cent of the advertised subscription price can be sent as second-class matter.

WHERE UNITY PUBLICATIONS ARE SOLD

Cal., Alameda—Home of Truth, cor. Grand and Alameda Ave.
Los Angeles—Home of Truth, 802 S. Union Ave.; Metaphysical Library, 910 Black Bldg.
Oakland—California College of Divine Science, 727 W. 14th St.; Jessie J. Knox, 5453 Manila Ave.
Palo Alto—N. T. Truth Center, 543 Channing Way.
Sacramento—Home of Truth, 1609 G St.
San Diego—House of Blessing, 2109 2d St.
San Francisco—Home of Truth, 1109 Franklin St.; California Truth Center, 68 Post St.; Occult Book Co., 1141 Polk St., near Sutter; Downtown Truth Center, 617 Shreve Bldg.; Metaphysical Headquarters and Library, 3d floor Rosenthal Bldg., 165 Post St.; Mission Unity Center, 2476 Mission St.
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D. C., Washington—Woodward & Lothrop, 10th, 11th and F Sts., N. W.; Home of Truth, 1899 Wyoming Ave., N. W.
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Mo., St. Louis—H. H. Schroeder, 3537 Crittenden St.; New Thought League, 509 N. Newstead Ave., Alexandria Bldg.
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New York City—Brentano's, 5th Ave. and 27th St.; Goodyear Book Concern, 1133 Broadway; Unity Society of Practical Christianity, 28 W. 72d St.; New Thought Publishers, 110 W. 34th St.
Ohio, Cincinnati—New Thought Temple, 927 Union Central Life Insurance Bldg.
Dayton—W. V. Nicum, 501 Conover Bldg.
Ore., Portland—The Metaphysical Circulating Library, 402-3 Central Building, 10th and Alder Sts.
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Winnipeg—"Ye Olde Book Shop," 253 Notre Dame Ave.; The Mobius Book Emporium, 258 Portage Ave.
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Scotland, Edinburgh—School of the Indwelling Christ, 50 Comiston Drive.
Sydney, N. S. Wales—The Truth Center, I. O. O. F. Temple, Elizabeth Street.

Trench Edition of a New Book

"A TRUTH STUDENT WITH THE SOLDIERS"

by MABEL HUNTLEY

The author of this book was in Europe at the outbreak of this world war, surrounded by tumult and disaster. In the midst of millions of terrified people she proved the power of God in most practical ways. Her experiences are related in this book.

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